


# PSHCE (Personal, Social, Health & Citizenship Education) Policy

## Ellesmere Port Catholic High School



Approved by:	Mr J Coucill, Chair of Governors	
Lead of Review:	Mr M Hughes, Assistant Headteacher	
Last reviewed on:	July 2021	
Next review due by:	July 2022	

## **Status**

Recommended

### **Aims and Objectives:**

Our children will be guided, encouraged and taught to:

- Develop confidence, take responsibility and make the most of their abilities
- Develop a healthy, safe lifestyle
- Develop good relationships and respect the differences between people
- Develop their own voice and opinions
- Learn to play an active role as citizens of the world
- Make the most of their own and others abilities

### **We achieve these aims through:**

- Discrete curriculum time within the Personal Development program
- Teaching PSHE in and through other subject areas (including RE and collective worship)
- Participation in activities and social events.
- Our school values - student characteristics and assemblies.
- Knowing how to stay as healthy as possible
- Knowing how to keep themselves and others safe
- Being able to form worthwhile and fulfilling relationships
- Respecting the differences between people
- Developing independence and responsibility
- Playing an active role as members of our democratic society

This approach enables our children to become confident, creative and caring.

Personal, Social, Health & Citizenship Education is the provision of activities, experiences and guidance which enable the children to reflect and make informed decisions. We place an emphasis on active learning by including the children in discussions, investigations, problem solving activities and making decisions. We encourage children to take responsibility and reflect on experiences, e.g. children organising charity fundraising, planning of special events, involvement in activities to help groups or individuals less fortunate than themselves, including: our individual class charity activities, appeals. We invite visitors to share expertise, skills and experiences, to provide added value to the school's work. These visitors can include: Police liaison officers; Authors; Artists; School nurses; Athletes and other members of the local community, e.g. a parent with a new baby or pet, past students sharing their career or areas of interest.

Opportunities are planned as discrete, whole school or cross curricular events. We deliver the PSHE and citizenship curriculum through lessons (1 hour every two weeks), form time, assemblies and RE lessons. The timetabled lesson, on a half termly cycle of Personal Development includes a spiral curriculum made up of Wellbeing, Citizenship, RSE and SMSC, Team Building, Safety and Careers. All children including those with special needs and the most-able, have learning opportunities matched to individual needs. We also take into account targets set for children in ILP's (Individual Learning Plans), e.g. self-esteem, behaviour needs.

## **Purpose**

- To know and understand what constitutes a healthy lifestyle including physical and emotional health.
- Be independent and responsible members of the school, local and wider community and an active member of society.
- Be aware of the real opportunities and risks which may affect students and to have confidence in responding appropriately;
- Develop self-confidence and self-esteem, and make positive, informed choices regarding personal and social relationships;
- Develop positive relationships with other members of the school and the wider community and demonstrate respect for other people and their beliefs.
- The aims of this policy are enhanced by our school mission statement of “I have come that they may have life and have it to the full.”

## **Teaching and Learning**

PSHCE is delivered through discrete curriculum time, by a Team of teaching staff who are led and advised by the Personal Development Leads. We ensure that we use a range of different teaching and learning styles throughout all our sessions. The planning of the sessions enable the students to take part in a number of pair/group discussions, role-plays, involvement in problem solving activities and through the promotion of the core Fundamental British values and SMSC, developed elsewhere in the curriculum. Additional sessions will be arranged in conjunction with outside agencies as appropriate.

## **Who was consulted?**

The programme has been developed in line with national curriculum guidance, PSHE Association and thorough research into good practice. Students were consulted during Student Voice activities as well as staff from EPCHS.

## **Relationship to other policies and documents**

The policy relates to the Child Protection, Drugs, Careers, Assessment and Reporting, Sex and Relationships Education 2020 and SMSC Policies.

The Equality Act of 2010

## **Roles and responsibilities**

**The Headteacher and Assistant Headteacher for Personal Development** will ensure:

- Students will follow a structured programme in Years 7-11 as detailed in the appendix.
- Students in Year 12-13 will follow a tailored programme as detailed elsewhere.

**The Personal Development Leads** will ensure:

- Students have access to appropriate materials for their key stage.
- Students have a variety of opportunities to learn about key social issues.
- The PSHCE curriculum is in line with the statutory delivery of Sex and Relationship Education 2020.

**The teachers** will ensure:

- All lessons are taught as scheduled.

- The PSHCE and Safeguarding Leads are informed of any issues/safeguarding concerns highlighted by lesson content/activity.

### **Arrangements for monitoring and evaluation**

Evaluation will be carried out by students and teachers. The feedback will be analysed by the Assistant Headteacher for Personal Development and Leads. The results will determine the strengths and development needs of the programme.

**Appendix**  
**Areas covered in Personal Development, incorporating PSHCE**

**Year 7 – 11**

EPCHS Students will cover a comprehensive program of Personal Development linked to the PSHE Associations thematic plan.

All students will experience a spiral curriculum which is developmental in its approach.

There are 6 key areas for this program which are taught through the PD Lessons on a bi-weekly basis:

Careers  
Safety  
Citizenship  
Wellbeing  
RSE and SMSC  
Team Building

Many of these areas will also be covered elsewhere in the curriculum, for example Science lessons considering healthy lifestyles, Drama in dealing with the range of, and expression of human emotions, or History examining the changing nature of British Society.