



# Ellesmere Port Catholic High School

Wk. 2

PARENT BULLETIN

20<sup>th</sup> Sept 2021

***Our Vision...***

Excellent teaching.

***Our Vision...***

Strong Catholic ethos.

***Our Vision...***

Ensuring every child is known.

***Our Vision...***

High expectations of everyone.

***Our Vision...***

Excellent leadership at all levels.

***Our Vision...***

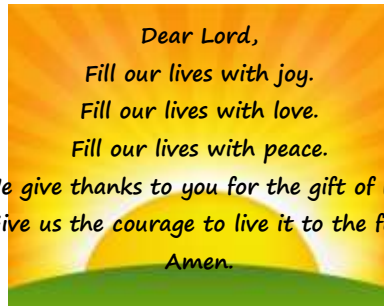
Exemplary behaviour and personal standards.

***Our Vision...***

At the heart of the community.

***Our Vision...***

Keeping children safe in education.



## Headteacher Message

Dear Parents and Guardians,

We hope you found our Year 11 Progress Evening on Thursday beneficial.

There has been substantial interest in our Open Evening on Thursday 23<sup>rd</sup> September and all the tours we are offering are fully booked.

**Please be aware that there will be an early finish (2pm) on 23<sup>rd</sup> September in order to prepare for our Open Evening.**

Have a lovely weekend and take care.

*Mrs Vile*

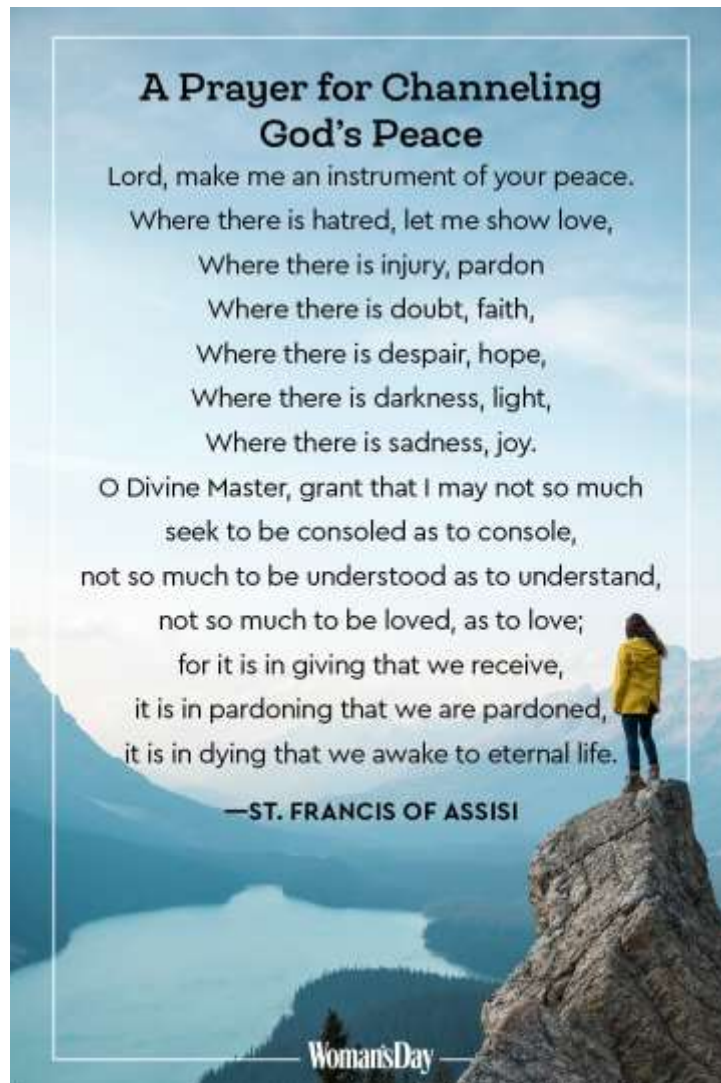
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# Ellesmere Port Catholic High School



## Ellesmere Port Catholic High School

*... come so that they may have life and  
have it to the full' John 10.10*

**Open Evening**  
**Thursday 23<sup>rd</sup>**  
**September**  
**18:00 - 20:00**

Join us for a covid friendly guided tour of the school and meet some of our students, members of staff and Headteacher.

To book, please visit the EPCHS website, our social media pages or use the QR code below



We look forward to seeing you



**"Relentless in ensuring that students at  
Ellesmere Port Catholic High School get the  
BEST possible education"**



We believe that every student can achieve great things wherever their skills and talents lie.

As a prospective student, parent, or carer we encourage you to visit our school virtually and to please contact us if you would like to know more.

**Mrs C Vile**  
Headteacher



### Ofsted feedback June 2021

**"The school has a strong culture of care for pupils and for keeping them safe"**

**"The school places as much emphasis on pupils' personal development as they do an academic achievement"**

### Parents' comments

**"... it's incredible. I can't fault the school or the teachers at all"**

**"Thank you for all the support you have given to our daughter throughout sixth form"**

**EPCHS gave me the foundations to build upon my own education at university..."**



**"Great things happen when you care"**

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## Ellesmere Port Catholic High School



### *Notifications*

- Attendance Update

## WHOLE SCHOOL WEEKLY ATTENDANCE

92.3%

## TOP YEAR GROUPS WEEKLY ATTENDANCE

KS3: Year 7- 97.5%

KS4: Year 11 – 93.2%

KS5: Year 13 – 95.%

## BEST FORM WEEKLY ATTENDANCE

KS3: 7 Andre and 7 Bernadette - 100%

KS4: 11 Teresa – 98.6%

KS5: 13 Katherine – 100%

## FORM WEEKLY ATTENDANCE %

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## Ellesmere Port Catholic High School

Year 7	%	Year 8	%	Year 9	%	Year 10	%	Year 11	%	Year 12	%	Year 13	%
7A	100	8A	91.8	9A	76.0	10A	91.5	11A	88.8	12A	99.4	13B	97.5
7B	100	8B	94.8	9B	76	10B	93.8	11B	93.2	12J	95.9	13K	100
7J	98.5	8J	95.7	9J	91.1	10J	80.6	11J	90.4	12L	84.8	13O	86.3
7K	92.9	8K	91.0	9K	93.9	10K	91.1	11K	92.9				
7M	98.9	8M	95.9	9M	89.6	10M	83.0	11M	89.2				
7L	97.7	8L	96.4	9O	90	10O	91.8	11O	97.2				
7O	93.2	8O	89.9	9T	92.2	10T	78.6	11T	98.6				
7T	99	8T	92										

- **Student Photos**

Years 7, 11, 12 and 13 have had photos taken by Tempest. The new order forms encourage you to order online and the items will be delivered to school avoiding postage charges. If you are placing an order and sending in the form with payment the deadline for this is Friday 24<sup>th</sup> September.

- **Arbor Parent App**

Please remember to download the Arbor Parent App – you can update contact details, view your child’s timetable, behaviour & achievement points and update consent.

- **Home LFT Testing**

If you are taking part in the LFT testing at home, please remember to update the results via [Test Register](#). This will then prompt you to go onto the DFE site to record your results. Email reminders will be going out twice a week, they contain a link to your Test Register platform for results.

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## Ellesmere Port Catholic High School

- **Lunchtime Language Clubs**

There will be 2 Lunchtime Languages clubs starting (12.30-1pm). Arabic on a Monday and Mandarin on a Tuesday. No start date yet. Could we ask that if a student is interested, they should message me on Teams in the first instance please.

*Mrs Barker*

- **SIXTH FORM INFORMATION & GUIDANCE**

### **IGH free virtual employability webinars – 23<sup>rd</sup> and 29<sup>th</sup> September**

During these hour-long webinars, you will interact with industry professionals such as Coca Cola and Tesco and undertake activities to develop employability skills. They will help you to understand the world of work. These sessions will **meet the Gatsby benchmark** by linking curriculum to careers.

#### **IGH currently have availability on:**

Thursday 23rd September - 10:30 -11:30  
Thursday 23rd September - 13:30 - 14:30  
Wednesday 29th September - 10:30 -11:30

Click [here](#) to book now.

### **InvestIn – Autumn career experience programmes**

These programmes are delivered live or online. The sessions, run by experienced professionals, will be interactive and hands on. You can choose from 28 careers. **Please note that places are limited and there is a charge for them.** For more information, please go to <https://investin.org/pages/choose-your-career>

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## Ellesmere Port Catholic High School

**Physiotherapy awareness day at the Countess of Chester Hospital – 22<sup>nd</sup> October: 9am-3pm**

**Have you considered a career in Physiotherapy?**

Do you get on well with people?  
Are you a good communicator?  
Do you recognise people's strengths?  
Do you like solving problems?  
Are you practical?  
Do you like working in a team?  
Do you want to make a difference to people's lives?

The Countess of Chester Hospital is holding a Physiotherapy Awareness Day on the:  
**22<sup>nd</sup> October 2021**  
**09:00 - 15:00**  
Come along to find out more about the services we provide.

Contact 01244 364090 for more information.

If you are interested in a career in Physiotherapy, the Countess of Chester Hospital are hosting an awareness day on 22<sup>nd</sup> October, 9am-3pm. There is a £10 charge to attend this event. Places are limited and on a 'first come first serve' basis. A booking form has been uploaded to the Year 12 and Year 13 Teams.

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## Ellesmere Port Catholic High School

- Cheshire Mental Health Support Teams Newsletter



**Cheshire and Wirral  
Partnership**  
NHS Foundation Trust



Welcome back to our Cheshire Mental Health Support Teams (MHSTs) newsletter. This is our regular update from the local team supporting Cheshire schools and colleges with all things mental wellbeing.

We'd really appreciate you sharing this with your young people, families and wider networks.

If you have any feedback about the newsletter feel free to contact us via [cwp.adminmhst@nhs.net](mailto:cwp.adminmhst@nhs.net)

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## Ellesmere Port Catholic High School

### An update from your local team

We hope you have all had a lovely break and an opportunity to relax. The MHSTs have been busy over the Summer designing new workshops and training programmes on topics such as anxiety and low mood. We look forward to discussing these with the designated mental health leads for our schools now the new academic year has started. We also offer training for teaching staff so please do get in touch if there is a topic you would like to discuss with us.

If you would like any further information on any of the above - please speak to your local MHST team or contact

[cwp.cheshiremhstadmin@nhs.net](mailto:cwp.cheshiremhstadmin@nhs.net)



### MindSafe

[MindSafe](#) is an evidence-based digital support tool, helping schools to promote the mental wellbeing of pupils aged 6-18. It allows schools to identify the support needed, by working around the 5 R's (relationships, recognition, reflection, regulation and resilience).

It also supports pupils to recognise their own needs, better understand their feelings and to reach out for help by using mood tracking and journaling. For more information, click [here](#).

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## Food for Mood

As we start back at school and start up our routine of learning once again, it is important to consider how you fuel your body to get the best from yourself.

The British Dietician Association has a [downloadable resource](#) full of information regarding which foods are best to improve mood, energy levels and brain power. So, if you're feeling low or lethargic maybe consider your diet as part of a whole body approach to wellbeing.



## Bouncing Back to Class

As part of their Live Lessons, the BBC have produced a wellbeing-themed lesson in association with the Premier League. This video, [Wellbeing: Bouncing Back to Class](#), is about getting back to school and looking toward the future. It offers some fun activities to encourage resilience and positive wellbeing. The session covers some genuine worries that children have faced over the last year and has useful links to the curriculum for both key stage 1 and 2.

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## MyMind website and social media

For more information about your local CAMHS service and access to a range of other resources about mental health please click on this link [mymind.org.uk](http://mymind.org.uk)  
Our you tube channel and mymind twitter feed can also be accessed by clicking on the icons at the bottom of this newsletter.



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