



Ellesmere Port Catholic High School

Wk. 2 PARENT BULLETIN 18th Jan 2021

Our Vision...
Excellent teaching.

Our Vision...
Strong Catholic ethos.

Our Vision...
Exemplary behaviour and personal standards.

Our Vision...
Ensuring every child is known.



Our Vision...
At the heart of the community.

Our Vision...
High expectations of everyone.

Our Vision...
Excellent leadership at all levels.

Our Vision...
Keeping children safe in education.

Week at a glance...

Week Commencing 18 th January	
	08:45am – 09:00am: FORM TIME FOR ALL STUDENTS
Year 7	Remote Learning <i>(Key Worker & Vulnerable Students only on site)</i>
Year 8	Remote Learning <i>(Key Worker & Vulnerable Students only on site)</i>
Year 9	Remote Learning <i>(Key Worker & Vulnerable Students only on site)</i>

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Year 10	Remote Learning <i>(Key Worker & Vulnerable Students only on site)</i>
Year 11	Remote Learning <i>(Key Worker & Vulnerable Students only on site)</i>
Year 12	Remote Learning <i>(Key Worker & Vulnerable Students only on site)</i>
Year 13	Remote Learning <i>(Key Worker & Vulnerable Students only on site)</i>



Headteacher Message

Dear Parents and Guardians,

I hope you have had a good week and please remember that our prayers and thoughts are always with you.

I would like to thank you all for your support and the encouraging comments which have been sent to staff by both parents and students (a couple of which are below). These have been very heartening for all of us during this difficult time. If you would like to pass on any messages of support, please contact my PA, Mrs Lyth at emma.lyth@epchs.co.uk

Testing

We have set up our on-site testing centre. This is running smoothly and we are currently testing all staff and students who are on site twice a week.

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Exams

We are still waiting for the outcome of the consultation from the DfE.

Our homepage on the website has all the key information you will need during this lockdown. Please could you take some time to look at each area as shown below.

We all wish you a peaceful weekend.

Take care and stay safe.

Mrs Vile



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- A Monday morning prayer...

<https://www.youtube.com/watch?v=d6Xk-k2GO9A>

The screenshot shows a YouTube video player interface. At the top left is the YouTube logo. A search bar is located at the top right. The video content features a sunset background with white text listing achievements from 2020:

- 2020 was a better year than you might have thought**
- The ozone hole over Antarctica closed.**
- China, the biggest air polluter in the world, committed to achieving zero emissions by 2060.**
- Germany is changing 62 military bases into nature reserves.**
- Whales came back to the Atlantic Ocean after more than 100 years.**
- 48 animal species were saved from extinction and scientists discovered 20 new animal and plant species; they also rediscovered some that they thought were extinct.**

At the bottom of the video player, the title "A Morning Prayer" is displayed, along with "Unlisted" and a progress bar showing 0:27 / 3:08. Standard video control icons (play, next, volume, full screen, etc.) are visible at the bottom right of the video frame.

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From: <[REDACTED]>
Sent: 08 January 2021 13:01
To: Admin <Admin@epchs.co.uk>;
Subject: Deepest Gratitude!

Dear Sirs

My name is [REDACTED] I was known as [REDACTED] when I attended EPCHS. I started in at this high school 1999 and went on to university in 2006. now in 2020 and into 2021 due to Covid I am currently home schooling my eldest son [REDACTED] I wanted to take this opportunity to say thank you very much for my education. I remember sitting in Ms Pankhurst's and Mr Jone's maths class all those years ago wondering when am I ever going to need to know how to add or subtract fractions and the like. I also remember sitting in Mr Greer's and Mr Haley's English class wondering when I would need to break down grammar and dissect novels instead of just enjoying them. As it turns out now is that time.

EPCHS and Our lady's Junior school gave me the foundations to build upon my own education at university and now I am passing the same foundations on to my own children.

So again, thank you very much for my education, although I did not see the point in my education then, I appreciate the value of it now.

Kindest regards

[REDACTED]

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From: [REDACTED]
Sent: Thursday, January 14, 2021 1:40 PM
To: Mrs Cavanagh (LCA) <L.Cavanagh@epchs.co.uk>
Subject: thank you!

Good afternoon Mrs Cavanagh,

I am [REDACTED] (hope you remember me!) and I am writing to you because two days ago the University of Oxford offered me a place to study Spanish and Linguistics. Three years ago when I moved to England I would have never imagined I could achieve this.

I would like to tell you that I am very grateful for the help and support you have given me during my first years in England, I found comfort in the drama studio and I feel like acting really helped me become confident and ambitious. You have always been kind to me and I can't thank you enough for having helped me get the permission to take the Spanish GCSEs although it was late in the year and no one thought I was capable of catching up. I would also like to thank Mrs Vile as she put her trust in me and let me take the Spanish exams without which I would not have come as far, so if there is any way in which I could contact her please let me know. Lastly I was wondering if the school still has Mrs Williams' email ([english teacher](#)) I know she works elsewhere now but I would love to thank her too.

So really what I'm trying to say is that I appreciate your work and I want you to know it has changed my life!

Have a lovely day Mrs Cavanagh

Kind regards,

[REDACTED]

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The key areas on our website can be found here:

<https://epchs.co.uk/>



Welcome to Ellesmere Port Catholic High School

FOLLOWING THE LOCKDOWN RULING ON MONDAY 4TH JANUARY THE SCHOOL WILL ONLY BE OPEN TO KEY WORKER AND VULNERABLE CHILDREN. WE WILL REVERT TO HOME SCHOOLING – PLEASE SEE POLICY BELOW

[Log in to Microsoft Teams](#)

[Contact EPCHS IT Helpdesk](#)

[Remote Learning Policy – Whole School](#)

[Lockdown January 2021 – Student Handbook](#)

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Expectations of students in lockdown : January 2021

IMPORTANT NOTICE FOR THE RETURN TO SCHOOL

LATERAL FLOW CONSENT FORM

STUDENT LATERAL TESTING CONSENT FORM

PRIVACY NOTICE – LATERAL FLOW TESTING

Safeguarding during lockdown

Physical and mental wellness during lockdown

Expectations of students self isolating

****VIEW OUR ONLINE OPEN EVENING HERE****

Welcome to our Sixth Form

Advice for Parents – Stay at home guidance for households with possible coronavirus infection

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i Covid recovery plan & Risk assessments

EPCHS Visitors Code of Conduct – COVID 19 Protocol



Notifications

- **Lockdown Learning – school materials from BBC**

While primary and secondary schools are closed to most pupils, the BBC is broadcasting lessons and programmes on BBC Two and CBBC - as well as on iPlayer, with extra content online...

<https://www.bbc.co.uk/news/education-55591821>

- **BBC Bitesize to be free for BT and EE customers**

Customers using BT Mobile, EE, and Plusnet Mobile can use BBC Bitesize content from the end of January without eating into their data allowance.

Bitesize provides structured lessons in Maths and English for all year groups, as well as offering other curriculum material.

Full article can be found here:

<https://www.bbc.co.uk/news/education-55616959>

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- **Friday Quiz!**

We are planning a Year 7 vs. Year 8 quiz on Friday 22nd January during Form Time (08:45-09:00am). Link will be sent out via whole year Teams page and students will need pen and paper for answers.

Mr C Jones

- **COVID-19 test instructions**

NHS
Test and Trace

HOW TO DO YOUR TEST

WHILE THIS IS A SELF-SWAB TEST, THERE WILL BE A TESTING HELPER WHO WILL OVERSEE THINGS AND PROVIDE HELP IF YOU NEED






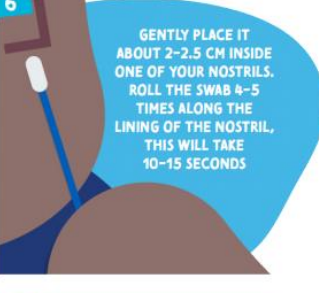


-  YOUR COVID-19 TEST WILL BE SCHEDULED. IF YOU ARE UNDER 16, YOUR PARENT / CARER WILL HAVE CONSENTED
-  YOUR TEST WILL BE FAST AND WHILE IT MIGHT FEEL A LITTLE UNCOMFORTABLE, IT WON'T HURT YOU
-  BLOW YOUR NOSE IF NEEDED. WASH AND DRY/SANITISE YOUR HANDS. REMOVE THE SWAB BEING CAREFUL NOT TO TOUCH THE SOFT PART
-  10 SECS
OPEN YOUR MOUTH WIDE AND USE A MIRROR TO LOOK AT THE BACK OF YOUR THROAT, THEN USE THE SWAB TO RUB FIRMLY 4 TIMES ON EACH SIDE
-  REMOVE THE SWAB CAREFULLY WITHOUT TOUCHING YOUR TEETH, TONGUE OR GUMS
-  GENTLY PLACE IT ABOUT 2-2.5 CM INSIDE ONE OF YOUR NOSTRILS. ROLL THE SWAB 4-5 TIMES ALONG THE LINING OF THE NOSTRIL, THIS WILL TAKE 10-15 SECONDS
-  YOUR SWAB CAN THEN BE PLACED IN A TUBE FOR TESTING, THIS TAKES ABOUT 30 MINUTES
-  AFTER THIS, YOU'RE DONE, GENTLY REMOVE THE SWAB BEING CAREFUL NOT TO LET ANYTHING TOUCH THE TIP
YOUR SCHOOL / COLLEGE WILL CONTACT YOU OR YOUR PARENT / CARER WITH THE RESULTS AND LET YOU KNOW WHAT HAPPENS NEXT

Image can be found at:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/946612/How to do your test COVID 19 instruction leaflet for schools.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/946612/How_to_do_your_test_COVID_19_instruction_leaflet_for_schools.pdf)

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- Missing from home – IMPORTANT INFORMATION FOR PARENTS AND CARERS

we are
withyou



Missing Children & Covid-19 Restrictions

The COVID-19 Pandemic has significantly disrupted the lives of young people. The routines and boundaries for many young people will have been significantly altered due to the lockdown measures that have been in place.

As we move in to a further national lockdown it is vital that parents and carers continue to report their child as missing if their whereabouts are unknown. It is appropriate to take steps to locate a missing child despite the current restrictions.

Reporting a Child as Missing – A Message from Cheshire Police

Reporting a child as missing is a necessary step to take to ensure that a child can be effectively safeguarded.

The police are entitled to expect parents and carers to accept normal parenting responsibilities and undertake reasonable actions to try and establish the whereabouts of the individual. This includes:

- Make attempts to contact them
- Call friends or family
- Visiting areas they frequent
- Visit place known to be attending (for example friend's house or party)
- Checking to see if any items are missing from the home.

Once those enquiries have been completed, it may be appropriate to record the child as missing and take actions set out in national police guidance.

Children who are breaching parental discipline should not be dealt with by police unless there are other risks.

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Increased Risks during COVID-19 and Parent Resources

Young people are spending more time online during the COVID-19 Pandemic as a means of staying in touch with friends, entertainment and for education. While the internet can be a positive tool to support young people during this period, they can be targeted by perpetrators and exploited. It is essential that young people are effectively monitored and supported.

Online safety support for parents & carers can be found here:

- www.nationalonlinesafety.com
- www.o2.co.uk/help/nsppcc/resources
- www.thinkuknow.co.uk/parents/Support-tools



- **Year 11 into the 6th Form Information**

Dear all, normally this term there are a number of activities that take place to support and inform Year 11 students and parents/guardians in terms of their next steps post 16. In regards to admissions to our own successful 6th form all students would normally be able to attend a 6th form open evening with parents where they would get to speak to all the different subject areas about their courses. There would also have been a taster day where Year 11 become the 6th form for the day and be able to sample 5 A-Level lessons.

Unfortunately, these events will have to be done in a different way this year due to current restrictions, which I will outline below:

- All subject areas have now been asked to produce a ppt/video in which they will outline their courses. These will be available on the school website towards the end of this month and I will message parents when they are there.
- On 25th January at 9am the 6th form team will be speaking to all of Year 11 interested in coming back in their personal development lesson - I will start with a presentation on all aspects of our successful 6th form followed by a Q&A session where students can ask any questions they want answering about next steps and applications.

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- In March I will send out an online application form for initial choices - each student will then be added to a Future Year 12 Microsoft team so that the 6th form team can communicate with them regularly and involve them in some of our extra-curricular activities.
- I will also have a meeting with each student around this time about their choices etc.
- In the summer when they have their final results students will be given a final application form in case they have changed their minds about subject choices.

My initial video outlining all aspects of the 6th form provision including subject choice and entrance requirements is also available in both the Year 11 Team and on the website.

I hope this helps but please do not hesitate to contact me if you would like any further info on l.henderson@epchs.co.uk or students can contact me on Teams.

Mrs Henderson

- **SIXTH FORM INFORMATION, ADVICE AND GUIDANCE**

Youth Fed have an **exciting opportunity** for all young people **aged 17-19 in the Chester and Ellesmere Port area.**

They are offering **FREE ACCESS** to their **skills builders sessions during and after lockdown!**

They run a variety of skills building, confidence boosting and CV enhancing workshops and sessions. These will enable students to develop vital life skills, boost your chances of gaining employment and provide you with that much needed confidence boost during this difficult time.

Sessions on offer are listed below:

1. **Mental health awareness sessions (3x 90 min sessions)**
2. **Accredited emergency first aid at work (3 hour sessions or 2 x 90min sessions)**
3. **Tackling substance abuse (Evolve) (1 hour long)**
4. **Be Internet Citizens (Internet safety awareness) (flexible sessions)**
5. **Visualisation for your future! (how to reach your goals and realise your value) (1x 90 mins session)**

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6. **Barriers to achievement and how we can overcome these. Confidence building and developing a positive mental attitude (PMA). (1x90 min session)**
7. **Understanding your skills and a CV (1x 90 mins session)**

All sessions are delivered virtually.

There are spaces for these sessions over the lockdown period, however, spaces are **LIMITED**.

To book onto a **FREE** slot please let Mrs Boothroyd know **as soon as possible and which ones**, so we can arrange with Youth Fed. Thanks.

Mrs Boothroyd

- **Reading suggestions from Mrs McHugh**

Whilst we can't go on holiday at the moment, that doesn't mean we can't explore other parts of the world through reading! It's made me think about visiting different countries on myON – and my first destination was Japan! Why not join me and take a trip to Japan through myON? You can learn fascinating facts and look at some beautiful aspects of Japanese geography, culture and history. Here are my recommended reads for Japan:



Japan: Benjamin Blog and his Inquisitive Dog Guide (Level 4.7 / Quiz Number 226961)

Join intrepid explorer Benjamin Blog and his inquisitive dog Barko Polo as they travel to one of the world's most fascinating countries: Japan! The book includes chapters on Japanese history, geography, cities, people, and food, as well as visiting some of the most famous places in this unique country.

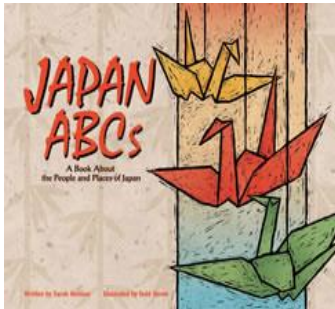
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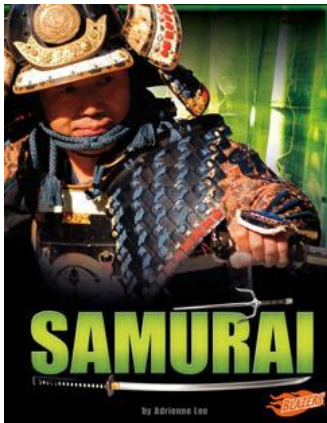


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Japan ABCs: A Book about the People and Places of Japan (Level 4.3 / Quiz Number 235325)

This book is an alphabetical exploration of the people, geography, animals, plants, history, and culture of Japan.



Samurai (no AR quiz)

To the Samurai, death on the battlefield was considered an honour. Casting their fears aside, these warriors lived and died by the code of bushido. Learn the ins and outs of these brave fighters' lives, including the weapons they used, and how their legend lives on in Japan.



Japan (Level 6.5 / Quiz Number 222097)

This book offers comprehensive information about Japan, with an emphasis on its geography, culture, history, economy and government.

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