

#### Wk. 1

#### PARENT BULLETIN

Our Vision...
Excellent teaching.

#### 10th May 2021

#### Our Vision...

Strong Catholic ethos.

#### Our Vision...

Ensuring every child is known.

#### Our Vision...

High expectations of everyone.

#### Dear Lord,

Fill our lives with joy.
Fill our lives with love.
Fill our lives with peace.

We give thanks to you for the gift of life. Gi<mark>ve us the courage to live it</mark> to the full.

#### Amen.

#### Our Vision...

Excellent leadership at all levels.

#### Our Vision...

Exemplary behaviour and personal standards.

#### Our Vision...

At the heart of the community.

#### Our Vision...

Keeping children safe in education.



#### Headteacher Message

Dear Parents and Guardians,

I hope you are all well.

We were encouraged by the attendance figure at this week's Year 10 parents evening, thank you for your participation.

We would also like to remind our students and their families of the importance of the home testing and logging their results. More test kits will be issued to students next week.

Have a lovely weekend and take care.

#### MrsVíle

Do you follow to keep up to date with all that is happening at EPCHS?

# A Friend

A friend is someone we turn to when our spirits need a lift. A friend is someone we treasure, for friendship is a gift. A friend is someone who fills our lives with beauty, joy and grace. A friends make the world we live in, a better and happier place.

Thank you for being my friend.



#### A Prayer among Friends

John Daniel

Among other wonders of our lives, we are alive with one another, we walk here in the light of this unlikely world that isn't ours for long. May we spend generously the time we are given. May we enact our responsibilities as thoroughly as we enjoy our pleasures. May we see with clarity. may we seek a vision that serves all beings, may we honor the mystery surpassing our sight, and may we hold in our hands the gift of good work and bear it forth whole, as we were borne forth by a power we praise to this one Earth, this homeland of all we love.

www.TheSilverPen.com





Attendance Update

# WHOLE SCHOOL WEEKLY ATTENDANCE 92.6%

#### TOP YEAR GROUPS WEEKLY ATTENDANCE

KS3: Year 7 - 94.4%

KS4: Year 10 - 92.1%

KS5: Year 12 – 96.9%

#### **BEST FORM WEEKLY ATTENDANCE**

KS3: 7 Teresa – 99.4%

KS4: 9 Oscar – 97%

KS5: 13 Andre – 97.7%

FORM WEEKLY ATTENDANCE %

Do you follow to keep up to date with all that is happening at EPCHS?



Year		Year		Year		Year		Year		Year		Year	
7	%	8	%	9	%	10	%	11	%	<b>12</b>	%	13	%
													97.
7A	98.5	8A	76.8	9A	95.3	10A	67.9	11A	89.1	12B	100	13A	7
7B	94.6	8B	88.8	9B	93.3	10B	95.2	11B	95.1	12K	94.2	<b>13</b> J	89.3
<b>7</b> J	92.9	<b>8</b> J	87.5	9J	90.9	<b>10</b> J	93	11J	91.6	120	96.1	13L	88.8
7K	94.8	8K	95.5	9K	95.7	10K	93.1	11K	89				
7M	91.5	8M	84.6	9M	91.3	10M	95.1	11M	91.1				
7L	95.1	80	95.7	90	97	100	94.1	110	89.2				
70	89.8	8T	95.5	9T	83.8	10T	94.9	11T	95.5				
<b>7T</b>	99.4												

#### STEM Club





# Year 8 Every Tuesday 3pm till 4pm in Lab C2 with Mr Hickman

Mr Hickman

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#### The importance of testing and reporting in secondary schools

Testing continues to play a crucial role, in and out of classrooms, in our fight against coronavirus (COVID-19).

Students should continue to test themselves and report results whilst encouraging their families to do likewise.

Reporting test results can be done simply and quickly, from mobiles, online or by phone, and should be completed straightaway. Reporting not only supports contact tracing in the event of a positive case, but assists our understanding of community rates of infection.

To help in communicating the importance of testing and reporting, Gov.uk have produced a blog on why reporting your test result is as important as taking a test, featuring further guidance and common questions. This also includes details on financial support available to parents whose children are asked to self-isolate after contact with a positive case.

#### Mr C Jones

#### The Big Ask survey for school pupils

Last month the Children's Commissioner, Dame Rachel de Souza, launched <u>The Big Ask</u> – the largest ever survey of children in England. It asks all children about their priorities and concerns for the future, so that we can put children at the heart of the national recovery post-COVID-19.

Has your child had their say about what matters to them? If not, then please consider supporting them in completing this survey and make their voice heard. Every single child's voice is important. The deadline for completing the survey is Wednesday 19th May.





#### Mr C Jones

#### • Young Enterprise Project - Interview with the Duke of Westminster

Following the team success in the final of the Young Enterprise project last week, Poppy-Jay Roberts was nominated to be part of a live interview with Hugh Grosvenor. Despite being nervous, Poppy made a great account of herself with the Duke of Westminster and the trustees. Poppy had to give a detailed account of the business idea and she successfully demonstrated its key focus on the sustainability matter. There were many stretching questions asked during the interview regarding financial data but she handled all questions extremely well.



#### Mrs F Williams

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#### • Physical Education Department

Now that we have started our summer curriculum here is a reminder of the school PE uniform:

- White round neck t-shirt or white polo shirt
- Red with black strip rugby shirt
- Black shorts
- Long black socks for outdoor sports
- Black or white sports socks for indoor sports
- Trainers (non-marking)
- Optional Plain navy micro fleece with school badge, plain navy or black tracksuit bottoms or sports leggings

Pupils will still need to come to school wearing their school blazer over their PE kit on the days when they have practical PE lessons.

#### Mr Cavanagh

#### SIXTH FORM INFORMATION & GUIDANCE

#### GRAPHIC DESIGN SUMMER INTERNSHIP WITH UNIFROG - CLOSING DATE 10th MAY

Unifrog are currently advertising for a <u>Graphic Design Summer Intern</u>. The start date for this role is from sometime in May (exact start date flexible, dependent on availability) and will end in mid-September. You can be based remotely or subject to Government guidelines, from their office in London. The **closing date for applications is 10**<sup>th</sup> May. For more information or to apply go to <a href="https://www.unifrog.org/jobs">https://www.unifrog.org/jobs</a>



#### UCAS DISCOVERY DAYS - ON DEMAND UNTIL 4th JUNE

Although the live events have now happened, the UCAS/DISCOVERY days are on-demand until 4 June. You can still sign up to watch seminars on student essentials, including subject-specific sessions, applying to university and student finance; pick up prospectuses and check out over 100 UK universities; get inspiration and explore different career opportunities; understand if an apprenticeship is right for you and contact course experts. To register go to <a href="https://www.ucas.com/events/demand-until-4-june-ucasdiscovery-388981">https://www.ucas.com/events/demand-until-4-june-ucasdiscovery-388981</a>

#### **INVESTIN STEM AND MEDICINE SUMMER INTERNSHIPS**

<u>InvestIN</u> are holding a series of <u>virtual and face-to-face STEM and Medicine internships</u> this summer. There is no application process: there is however a cost to take part. With the face-to-face internships you will also have to factor in the cost of accommodation and travel as they are taking place in London. <u>Bursaries are available for those students that meet certain criteria</u>. For more information, go to <a href="https://investin.org/collections/stem-summer-internships-ages-15-18">https://investin.org/collections/stem-summer-internships-ages-15-18</a>

## STEPPING UP TO FIGHT FOR MENTAL HEALTH – EDGE HILL UNIVERSITY AND ROMAN KEMP: 10<sup>th</sup> MAY, 5pm-6pm

A reminder that as part of 'Mental Health Awareness Week', you can join Edge Hill University and Roman Kemp for an online event where Roman Kemp will take part in a panel discussion analysing the topic of mental health from different angles. For more information go to: <a href="https://www.edgehill.ac.uk/events/2021/05/11/stepping-up-the-fight-for-mental-health-panellist-event-with-radio-and-tv-host-roman-kemp/">https://www.edgehill.ac.uk/events/2021/05/11/stepping-up-the-fight-for-mental-health-panellist-event-with-radio-and-tv-host-roman-kemp/</a>

#### THE PLEDGE - ADULT SOCIAL CARE CAREERS INSIGHT DAY - 19th MAY

A reminder that on <u>Wednesday 19<sup>th</sup> May,</u> The Pledge are hosting an <u>Adult Social Care</u> <u>Careers Insight Day</u>. You can book onto this event at https://adultsocialcareinsightday.eventbrite.co.uk

Mrs Boothroyd

Do you follow to keep up to date with all that is happening at EPCHS?



• Volunteer Open Day

# **Volunteer Open Day**



#### On 10 May 2021 from 1.00pm—3.00pm

#### At The Hub, Woodchurch Lane, Prenton. CH42 9PH



Come and see what Volunteer opportunities we have and see how you can make a difference to local families.

#### We have many Volunteer roles, such as:

Group Volunteers
Family Support Volunteers
Parent Infant Mental Health Volunteers
Breastfeeding Volunteers
Garden Volunteers
Charity Shop Volunteers



Our Volunteer Open Day will allow you the opportunity to chat with staff and other existing volunteers and find out more about Koala North West and it's Volunteer Roles.

PLEASE NOTE COVID GUIDELINES WILL BE FOLLOWED.

#### • Chester Panthers Netball Club

Chester Panthers Netball Club are looking for more girls to join the club from all age groups. Please see details below if interested...

Do you follow to keep up to date with all that is happening at EPCHS?



# Love Netball? Come and join our club!



North West Panthers are looking for New Players for their U12, U13, U15 & U16 squads

#### Who are we?

We are a friendly, welcoming and competitive club based in Chester. We are proud to have Severn Stars Head Coach Melissa Bessell as our President and Head Coach of our

grassroots Netball club





Do you follow to keep up to date with all that is happening at EPCHS?



#### Where and when?

**Training sessions:** 

U12s and U13s: County Offices Chester -

Thursdays 5-6:30pm

U15 and U16s: County Offices Chester -

Thursdays 6:30-8pm





Interested?
Get in touch!

Email: info@nwpanthersnetball.com Follow us on Facebook



• Cheshire Mental Health Support Teams newsletter





# An update from your local team

Our teams are very busy at present and are working with schools to identify how best to support the high level of need.



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All 4 MHST sites are up and running and in regular contact with placement schools.

As well as the individual work we provide, teams are also offering parent-led CBT for anxiety and a brief parentfocussed intervention for managing behaviour. Please speak to your MHST for further information on these interventions.

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 $\textbf{Facebook} - \underline{\text{https://www.facebook.com/EllesmerePortCatholicHighSchool/}}$ 



#### Mental Health Awareness Week

The 10th-16th May 2021 is Mental Health Awareness Week and the theme this year is Nature.

Research on the mental health impacts of the pandemic showed that going for walks outside was one of our top coping strategies.

45% of us reported being in green spaces had been vital for our mental health over the past year. Wider studies also found that during lockdowns,



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people not only spent more time in nature but were noticing it more.

The Mental Health Foundation are encouraging everyone to do three things to mark Mental Health Awareness Week: Experience nature, share nature, talk about nature.



### **Every Mind Matters**

Public Health
England's
Every Mind
Matters
website has
a variety of
resources to
help support
Mental
Health
Awareness
Week.

It includes simple practical tips and videos about dealing with COVID-19, stress and anxiety, boosting your mood, sleeping

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better and what you can do to help others.

It also includes a self-care section for young people filled with interactive resources. You can access this site and resources by clicking here.





Mental Health Awareness Week Toolkit

Mentally Healthy Schools and the Anna Freud Centre have put together some nature based toolkits for schools to use to help promote the positive impact nature can have on our emotional wellbeing.

These can be accessed by clicking below:

Primary
Schools
Secondary
Schools

#### MyMind website and social media

For more information about your local CAMHS service and access to a range of other resources about mental health please click on this link <a href="maying.uk">mymind.org.uk</a>

Our you tube channel and mymind twitter feed can also be

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