

Wk. 2

PARENT BULLETIN

Our Vision...
Excellent teaching.

6th Sept 2021

Our Vision...

Strong Catholic ethos.

Our Vision...

Ensuring every child is known.

Our Vision...

High expectations of everyone.

Dear Lord,

Fill our lives with joy.

Fill our lives with love.

Fill our lives with peace.

thanks to you for the aift of

We give thanks to you for the gift of life. Give us the courage to live it to the full.

Amen.

Our Vision...

Excellent leadership at all levels.

Our Vision...

Exemplary behaviour and personal standards.

Our Vision...

At the heart of the community.

Our Vision...

Keeping children safe in education.



Headteacher Message

Dear Parents and Guardians,

It's been a successful start to the term and it's been lovely to see all of our students and staff again after the long break.

The second test for students (for whom we have consent) will be on Monday and Tuesday next week (please see schedule below) and there will be normal lessons from P2 on Monday following the Personal Development lesson.

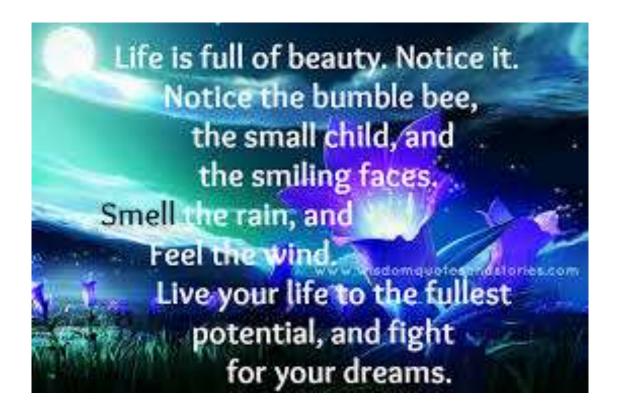
Have a lovely weekend and take care.

MrsVíle

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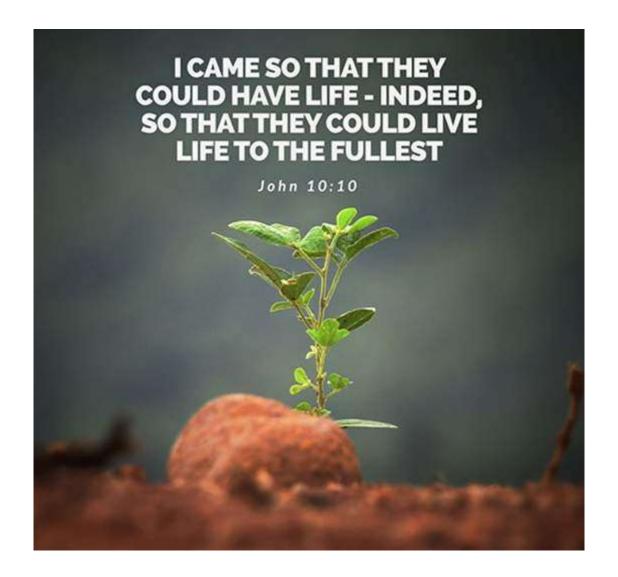
Facebook - https://www.facebook.com/EllesmerePortCatholicHighSchool/





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• Year 11 Progress Evening

There is a Year 11 online Progress Evening on Thursday 16th September – full details will be sent out next week.

Mrs Hughes

• COVID-19 Testing Arrangements

Testing will be done for students for whom we have consent. All students are to arrive at school **at the time specified below** in full school uniform (including those who have not consented to testing).

TIMES	Mon 06.09	Tues 07.09
08:45	7B + 7J + 7K	8B + 8J + 8k + 8Mar
09:45	7Mar + 7O + 7T	8O + 8T + 8Max + 8A
11:15	7Max + 7A	9B + 9K + 9T
13:00	11B + 11J + 11K	9J + 9Mar + 9O + 9A
13:30	11Mar + 11O +11T + 11A	10B + 10J + 10K
14:00	12B + 12O + 12K	10Mar + 10O + 10T + 10A
15:00	13A +13J + 13Max	



Changes to national policies on self-isolation

From 16 August, the Government has said that people aged under 18 years and 6 months or who are fully vaccinated will no longer be legally required to isolate if they are a close contact of someone with COVID-19. Instead, such people will be advised (but not legally required) to get a PCR test unless they have had a positive PCR test in the previous 90 days.

Regardless of age or vaccination status, anyone who develops any of the three main COVID-19 symptoms (see below) must get a PCR test as soon as possible and isolate until the result is available. People who get a positive PCR test must continue to isolate as usual.

<u>Some likely scenarios are described below along with our advice:</u>

What should I do if my child develops COVID-19 symptoms?

The main symptoms of COVID-19 are: new continuous cough and/or fever (temperature of 37.8°C or higher) loss of or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms, you must arrange for them to have a PCR test as soon as possible. A PCR test can be arranged via the NHS UK (www.nhs.uk) website or by contacting NHS 119 via telephone if you do not have internet access.

Your child should self-isolate immediately and they should not attend school.

Please contact the school by phone to inform us your child has COVID-19 symptoms and you are awaiting a COVID-19 test.

What should I do if my child has COVID-19 confirmed by PCR test?

Anyone with COVID-19 confirmed by PCR test should self-isolate until the <u>latest</u> of:

- 10 days after the onset of their symptoms, or
- 10 days after their test day if they are asymptomatic

Self-isolation means your child should not go to school, attend any out of school activities or visit a friend's house. They should not visit any public places, use public

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transport or go out to exercise. You should not have vistors into the home except for those providing essential care.

Please contact the school by phone and inform us your child has COVID-19 confirmed by PCR test. It is important you let us know if your child has confirmed COVID-19 so we can monitor the number of children with COVID-19 across the school.

What should I do if my child is a contact of someone with COVID-19 confirmed by PCR test?

If your child is aged under 18 years and 6 months and does not have any symptoms of COVID-19 (high temperature, new continuous cough, loss of or change in, normal sense of taste or smell) they do not have to self-isolate as a contact of COVID-19.

They are advised to have a PCR test unless they have had a positive PCR test in the last 90 days.

What should I do if my child has a positive result on a lateral flow device test?

If your child has a positive result on a lateral flow device test, they should self-isolate immediately and you should arrange a PCR test as soon as possible.

Other members of the household do not need to self-isolate whilst you await the PCR test result if they do not have symptoms and are aged under 18 years and 6 months or are fully vaccinated.

What should I do if my child is unwell with signs of an infection but does not have symptoms of COVID-19?

Your child should be excluded from school if they are unwell. If concerned you should seek advice from your GP or Pharmacist, they will be able to advise you how long your child should stay off school. Otherwise, we would recommend exclusion for 48 hours or until the child is symptom free, whichever is longer.

Plans for COVID-19 testing in our school

All students (year 7 and above) will be invited to take 2 on-site lateral flow device tests, 3 to 5 days apart, on their return in the autumn term.

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Students should then continue to test twice weekly at home until the end of September, when this will be reviewed. By ensuing your child correctly carries out the lateral flow tests, it will be easier to spot asymptomatic spread amongst pupils. A positive Lateral Flow Test should always be followed up with a PCR test and the person testing should isolate until the results are back.

We will provide further details on whether testing will continue when we are made aware.

ACCESSING COVID-19 TESTING IN CHESHIRE WEST AND CHESTER

Symptomatic testing and testing for close contacts

PCR tests can be booked at any of the DHSC run sites that operate Monday – Sunday 8am – 8pm on the gov.uk website https://www.gov.uk/get-coronavirus-test

Site locations

Little Roodee Testing Centre, Chester

This is a walk-through site located on the Little Roodee car park, Castle Drive, CH1 1SL.

Queensway Testing Centre, Winsford

This is a walk-through site and is only accessed via the pathway that leads from Queensway, CW7 1BJ, to Wyvern House. Parking is available at the car park next to this path.

Sealand Road Park and Ride Testing Centre, Chester

This is a walk-through site located on Sealand Road Park and Ride, Blacon, Chester, CH1 4QL.

The Old Depot Testing Centre, Northwich

This is a walk-through site located at the old council depot site off Leicester Street, Northwich, CW9 5LQ.

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Wellington Road Testing Centre, Ellesmere Port

This is a walk-through site located on the Wellington Road Car Park, Ellesmere Port, CH64 4AB.

Mobile testing units

Residents with symptoms can still attend the 'pop up' units, which move between Winsford, Frodsham and Chester. You will need to book an appointment to attend the mobile testing units.

To book an appointment, visit the NHS website or call 119.

PCR tests for home delivery can also be ordered by calling 119.

Mr C Jones



Virtual Transition to Adulthood Event



Transition to Adulthood Free Information Event

Parents, carers & young people you are invited to a FREE VIRTUAL INFORMATION EVENT

Tuesday 5th & Wednesday 6th October 2021

'<u>Transition to Adulthood'</u> 9.15 am – 2.30 pm

Please join us and find out more about the journey towards becoming an adult.

This event aims to support parents and carers of young people with Special Educational Needs &/or Disabilities aged 13 to 25 as they move towards becoming an adult. This can be a confusing time and we will be telling you about what you can expect from this transition from year 9 onwards.

SPEAKERS & WORKSHOPS

We are offering a variety of workshops covering a wide range of topics such as

Understanding the Pathways to Adulthood (Education / Health / Social Care); Planning for the Future (Wills & Trusts); Disability Employment Advice; Support for You as an Adult Carer

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MARKET PLACE

Access to our Market Place Directory with its information from a wide range of agencies, services, colleges and charities that may be able to help you. Live sessions with a selection of local services and providers.

Where: A virtual event - once registered we will send you a link to join the event

Register: Registration is now open.

BOOKING A PLACE

To book a place please use our BookWhen booking system and select the event called:

Transition to Adulthood Free Information Event - 2-day event 2021
Using the following link:

www.bookwhen.com/ias-service

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Title: Information, Advice and Support Service Last updated: June 2021



Cheshire COVID-19 Vaccination Programme Briefing

No appointment needed - Walk-in COVID-19 vaccination options for everyone aged 16 and over

A number of walk-in COVID-19 vaccination options are now listed on this <u>regularly-updated</u> <u>national webpage</u>. Simply enter your postcode to find details of the nearest walk-in clinic.

Please note - Young people aged 16 and 17 years are currently being offered a **first** dose of vaccine only. The timing of a second dose will be confirmed later.

Across Cheshire, the following sites are offering walk-in vaccination clinics in the coming days:

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Cheshire East

- Alderley Park Mass Vaccination Centre, Congleton Road, Alderley Edge,
 Macclesfield, Cheshire, SK10 4TG. Daily (8:30am-6pm)
- Middlewich Victoria Hall, CW10 9AS. Thursday, September 2nd (2pm-7pm),
 Saturday, September 4th (8am-1pm)
- Churchill Way Car Park, Macclesfield, SK11 6AY. Friday, September 3rd (11am-7pm)
- Andrew's Pharmacy, Kennedy Avenue, Macclesfield, SK10 3DE. Friday,
 September 3rd (4pm-7pm), Saturday, September 4th (1pm-4pm)
- Hollowood Chemists, West Street, Crewe, CW1 3HQ. Saturday, September 4th (2pm-5pm), Sunday, September 5th (2pm-5pm)
- Masonic Hall, Wybunbury Road, Nantwich, CW5 7ER. Saturday, September 4th (9am-12.30pm), Sunday, September 5th (2pm-5pm)

Cheshire West

- Northwich Vaccination Centre, Hartford Methodist Church, Beach Road,
 Northwich, CW8 3AB. September 2nd, 3rd, 4th, 8th, 9th, 10th and 11th (9am-6pm)
- Ellesmere Port Civic Hall, Civic Way, Ellesmere Port, CH65 0AZ. Thursday, September 2nd (9am-6pm)
- Bishop Heber High School, Chester Road, Malpas, SY14 8JD. Friday, September 3rd (11am-7pm)
- The Carriage Shed, City Place, City Road, Chester, CH1 3DR. Saturday, September 4th (10am-6pm)
- United Reformed Church, Oldfield Drive, Vicars Cross, Chester, CH3 5LL.
 Saturday, September 4th (9am-6pm), Sunday, September 5th (10am-4pm),
 Monday, September 6th (9am-1pm)

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Bookable COVID-19 vaccination options for everyone aged 16 and over

Bookable appointments are available for anyone aged 18 or over via the <u>National Booking</u>
<u>System</u> or by calling 119,

Anyone aged 16 or over can book an appointment at the following GP-led vaccination centres in Cheshire:

- City Walls Medical Centre, Chester bookable appointments available online here: https://citywallsmedicalcentre.nhsbookings.com/v2/
- Neston Medical Centre bookable appointments available via email to: emma.moore17@nhs.net
- Middlewich Civic Hall bookable appointments available via email to: smash.bookings@nhs.net



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New resources to support promotion of walk-in vaccination offer

Eye-catching new communications assets have been developed to help drive COVID-19 vaccination uptake among young people - particularly 16 and 17-year-olds.

Please help us to promote Cheshire's walk-in vaccination clinics across your networks using the following resources:

- Grab a Jab 1
- Grab a Jab 2
- Grab a Jab 3
- Grab a Jab 4

Please continue to refer to <u>Cheshire's central COVID-19 Vaccination Programme</u> webpage to keep up to date with the latest information.

Reminder - Vaccination eligibility for some children aged 12-15

COVID-19 vaccination is currently available to some children aged 12 to 15 who are either at higher risk of getting seriously ill from COVID-19 or live with someone at high risk of catching it. Children aged 12 to 15 can get vaccinated against COVID-19 if either:

- they live with someone who is more likely to get infections (such as someone who
 has HIV, has had a transplant or is having certain treatments for cancer, lupus or
 rheumatoid arthritis)
- they have a condition that means they're at high risk from COVID-19 Conditions that mean your child may be at high risk and can get vaccinated are:
 - a severe problem with the brain or nerves, such as cerebral palsy
 - Down's syndrome
 - severe or multiple learning disabilities (or they're on the learning disability register)

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 a condition that means they're more likely to get infections (such as some genetic conditions or types of cancer)

If your child is eligible for vaccination, you will be contacted by a local NHS service to arrange their appointments.

• Cheshire Mental Health Support Teams Newsletter





Welcome back to our Cheshire Mental Health Support Teams (MHSTs) newsletter. This is our regular update from the local team supporting Cheshire schools and colleges with all things mental wellbeing.

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We'd really appreciate you sharing this with your young people, families and wider networks.

If you have any feedback about the newsletter feel free to contact us via cwp.adminmhst@nhs.net

An update from your local team

The Crewe team have been running online parenting groups for the past few weeks and have also been spending time writing new groups and training sessions for September (for young people, parents and staff). We look forward to discussing these with the designated mental health leads for our schools when consultations pick back up in September.



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Department for Education Mental Health Resources

The Department of Education has put together some useful links and sources of support for children, young people and their families to help those affected by poor mental health and promote wellbeing.

You can find the resources and links here.

They have also put together guidance for promoting and supporting mental health and wellbeing in school and colleges. For more information to help build and strengthen a whole school or college approach click here.

World Suicide Prevention Day

World Suicide Prevention day is on 10th September. If you are worried about someone you know and suspect they may be contemplating suicide then Rethink Mental Illness has ways for you to support and talk to that person.

For crisis support there are numerous organisations who provide immediate support, including mymind.org crisis support page which gives text numbers,



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telephone numbers and email addresses for help when it's needed.



Youth Mental Health Day

Youth Mental Health Day is on 7th September. As we emerge from the COVID-19 pandemic, YMHD 2021 will focus on how young people can #StrideForward with their mental health.

YMHD 2021 will invite young people across the country to reflect on how the last year has impacted their lives and share how they will #StrideForward and move towards positive mental health. For more information on how to get involved visit Youth Mental Health Day | stem4

MyMind website and social media

For more information about your local CAMHS service and access to a range of other resources about mental health please click on this link mymind.org.uk
Our you tube channel and mymind twitter feed can also be accessed by clicking on the icons at the bottom of this newsletter.

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