



EPCHS Student 'PD' Bulletin #37

"I Have Come So That They May Have Life And Have It To The Full" John 10:10

Yesterday was Vocations Sunday!

We are encouraged to pray about how God is calling each one of us to live out our vocation in giving our whole selves to Him and to others as a path to holiness.



Do you follow the school social media platforms? If not, follow today and keep up to date with everything school related and more...



www.facebook.com/EllesmerePortCatholicHighSchool



@EPCH_School



ATTENDANCE MATTERS!

WHOLE SCHOOL WEEKLY ATTENDANCE = 94%

TOP YEAR GROUPS WEEKLY ATTENDANCE

KS3: Year 7

KS4: Year 10

KS5: Year 13

BEST FORM WEEKLY ATTENDANCE

KS3: 7 Josephine

KS4: 9 Bernadette

KS5: 13 Andre and 13 Maximillian

FORM WEEKLY ATTENDANCE %

Year 7	%	Year 8	%	Year 9	%	Year 10	%	Year 11	%	Year 12	%	Year 13	%
7A	89	8A	76	9A	94	10A	77	11A	92	12B	97	13A	100
7B	97	8B	92	9B	99	10B	97	11B	98	12K	98	13J	97
7J	100	8J	88	9J	96	10J	92	11J	86	12O	96	13L	100
7K	98	8K	87	9K	97	10K	95	11K	90				
7M	95	8M	88	9M	89	10M	92	11M	91				
7L	93	8O	94	9O	95	10O	97	11O	97				
7O	94	8T	95	9T	81	10T	93	11T	96				
7T	96												

TECH Support...

If you experience any technical difficulties, our IT support team are ready to help.

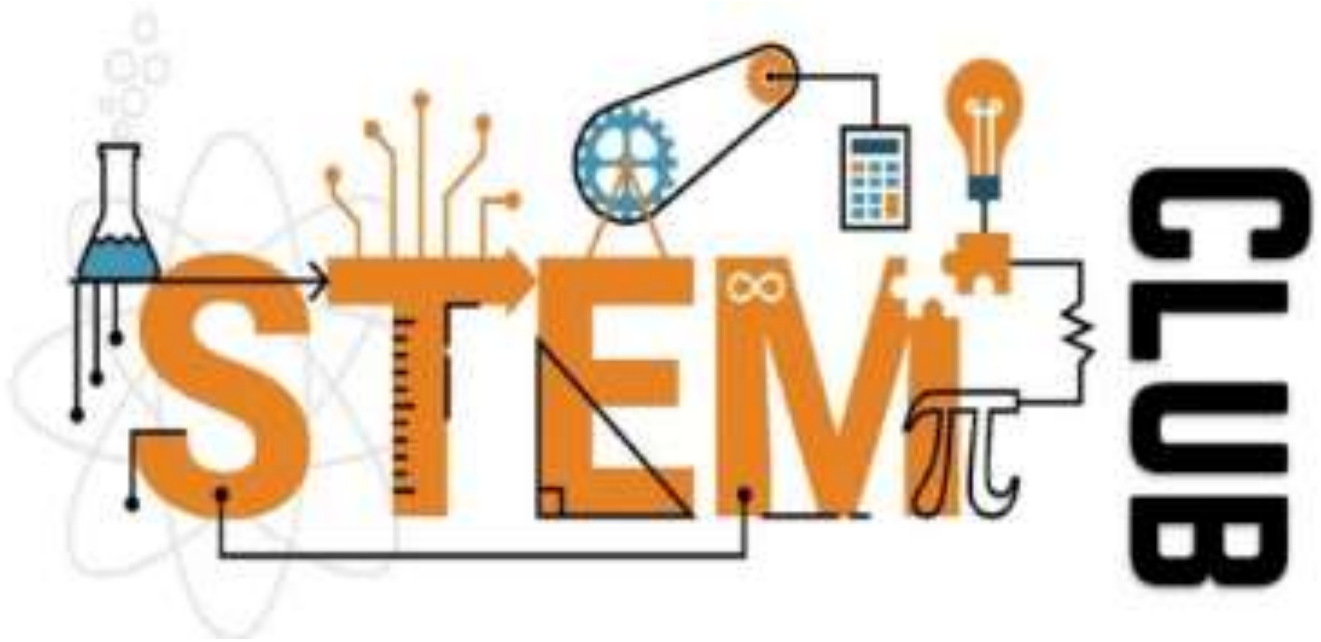
They can easily be contacted by email using the address helpdesk@epchs.co.uk



#MakeltCount

Year 8 STEM Club is on every Tuesday...

STEM Club is every Tuesday with Mr Hickman in C2, 3-4pm. Don't miss out on this great opportunity!



Please do everything you can to halt the spread of the Corona Virus in our community...



Mrs McHugh's Library News...

Welcome back to all students and parents after the Easter holidays. We have seen some great reading over Easter. Here are the reading super stars in years 7 and 8! Congratulations to them all – they are reading for pleasure and reaping the benefits that reading brings to both their mental health and improved educational attainment.

Word Count Stars - Sophie D (147,980), Mateusz B (110,198), Sofia P (109,654) Rosie P (79,752), Noel W (77,752), Nathaniel W (50,075), Lewis T (27,734), Anthony N (19,525), Harshita (13,157), Christian (9,083).

Reading Quiz Stars – Kaysi, Maisie O, Conor M, Charley J, Madison L, Megan H, Joel C, Ethan D, Maisie N, Erin M, Lewis M, Harry W.

Friday saw the launch of Leigh Bardugo's Netflix fantasy epic, *Shadow and Bone* starring Jessie MeiLi. The library has been busy issuing the book to students who have wanted to pre-empt the launch of the Netflix adaptation. We shall be ordering in extra copies of *Shadow and Bone* along with the other two books in the trilogy...please encourage your child to come to the library so that they can immerse themselves in this epic fantasy! To tempt your appetite, here's a brief synopsis:

The *Shadow and Bone* Trilogy is the story of Alina Starkov, a soldier in the kingdom of Ravka who discovers she possesses magical abilities. Training with the Grisha, her country's magical military elite, Alina falls under the spell of their notorious leader, the Darkling. He believes she is the only one with the power to defeat the forces threatening the kingdom—forces that will test old alliances and challenge the very limits of magic, one that will forge a leader from a frightened girl.



“Set in a fascinating, unique world rich with detail, *Shadow and Bone* was unlike anything I’ve ever read. Alina is a clever, sympathetic character I will gladly follow.”—Veronica Roth, New York Times bestselling author of *Divergent*.

Happy Reading!

Interested in the NHS? Thought about a career in medicine? Why not check out The Pledge Industry Insights and listen to the recordings later in the evening to find out more...



THE PLEDGE
CHESHIRE AND WARRINGTON

Industry Insights: Diversity of jobs in the NHS

Two sessions on 27th April
9:30-11:30 & 13:00-15:00

[Register now](#)


 European Union
European Social Fund


 NHS


 GROWTH HUB
PART OF CHESHIRE AND WARRINGTON LEP


Find out more and register >> <https://lnkd.in/d5JypCw>


5 TIPS TO SUPPORT SOMEONE

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1. LISTEN
Be open and responsive, but don't feel like you have to have all the answers. Often just spending time with them will let them know you care and can help you to understand what they're going through.
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2. RESEARCH
There are a lot of myths about mental health. Using reliable information resources like our charity partner websites might help you understand and be more confident when you're offering support.
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3. ASK HOW YOU CAN HELP
There could be simple, practical things you can do to help them feel better, like giving them a call or inviting them out for activities you enjoy together.
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4. HELP GET SUPPORT
If someone's struggles are seriously interfering with their everyday life, encourage them to see a professional. If you feel comfortable, offer to go with them.
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5. TAKE CARE OF YOURSELF
Supporting someone who is struggling can be difficult. It's very important to put your own wellbeing first. Keep up with your usual routine, and make time for other relationships and hobbies.

 **YOUNG MINDS**
The charity for children and young people's mental health in England

 **HEADS TOGETHER**

#HEADSTOGETHER
www.headstogether.org.uk

Mental Health Matters

Need urgent mental health support?

Anyone can experience a low mood, increased anxiety or poor mental health.

A free 24/7 all age urgent mental health helpline is available to residents across the borough, provided by Cheshire and Wirral Partnership NHS Foundation.

Call 0800 145 6485 for urgent mental health support.



Thought for the week...



#TheEPCHSWay

#MakeItCount

SIXTH FORM INFORMATION, GUIDANCE AND ADVICE

THE PLEDGE – SUMMER CAREERS EVENTS

A reminder that The Pledge are hosting the following events:

On **Tuesday 27th April** they are hosting an '**NHS Insight Day**'. You can book on using the 'Jobs Live' site which will also mean that you are registered for future updates regarding **NHS careers**. Registration is at <https://jobsliveuk.com/partner/nhs-in-cheshire-and-warrington/>

On **Wednesday 5th May 5pm-7pm**, they are hosting a Business Services careers event so if you are considering a career in **Law, Finance, Marketing, HR, Business Development or IT**, this will be of interest to you. You can book on at Eventbrite: <https://www.eventbrite.co.uk/e/cheshire-and-warrington-business-services-industry-insight-event-tickets-141403851727>

On **Thursday 6th May at 5pm** they are hosting an online STEM event entitled '**Using Science for a great career**'. You can book onto this event using <https://usingsciencecandw.eventbrite.co.uk>

On **Wednesday 19th May** they are hosting an **Adult Social Care Careers Insight Day**. Students can book onto this event at <https://adultsocialcareinsightday.eventbrite.co.uk>

For more details on all of The Pledge events go to <https://candwgrowthhub.co.uk/industry-insights/>

NEW WEBSITES TO HELP SUPPORT YOU AS YOU MAKE DECISIONS ABOUT YOUR NEXT STEPS

There are three new websites that will help support you as you continue to make important decisions about your next steps:

UK University Search's new website called 'Student Stream' <https://www.studentstream.co.uk/>

Discover Uni <https://discoveruni.gov.uk/>

GoingToUni <https://goingtouni.city.ac.uk/>

SUMMER INTERNSHIPS AT UNIFROG

Unifrog are currently advertising two Summer Intern vacancies. One is for the **Summer Intern for Content** and the other is the **Summer Intern for HR, Operations and Finance**. These roles will start sometime in May and end in mid-September. You can be based remotely or subject to Government guidelines, from their office in London. The **closing date for applications is 3rd May**. For more information or to apply go to <https://www.unifrog.org/jobs>

SPEAKERS FOR SCHOOLS - VIRTUAL INSIGHT DAY WITH THE ROYAL AIR FORCE

A career in the Royal Air Force can provide speedy role progression and unrivalled skills and training, all whilst traveling around the World and making friends for life. During the one-day insight, you will have the opportunity to learn about the different careers and pathways available. You will also be able to ask any questions you may have whilst learning how to be part of the team. This is taking place on **27th April from 10am - 3pm**. For more information or to register go to

<http://www.s4snextgen.org/Opportunities/View/id/1295>

LONDON INSTITUTE OF BANKING AND FINANCE - SUMMER UNIVERSITY – 31st AUGUST- 2nd SEPTEMBER

This is a 3 day non-residential programme for students who are thinking about a career in Financial Services or who are interested in studying related subjects at University. **Please note:** there is charge to attend this programme but there are Bursaries available for those that meet certain criteria. You would also need to organise travel and accommodation as it is taking place in London. For more information go to <https://www.libf.ac.uk/study/undergraduate/visit-us/summer-university>

