



EPCHS Student 'PD' Bulletin #32

"I Have Come So That They May Have Life And Have It To The Full" John 10:10

#GodsGoalsMyGoals



Do you follow the school social media platforms? If not, follow today and keep up to date with everything school related and more...



www.facebook.com/EllesmerePortCatholicHighSchool



@EPCH_School



We have some great bakers in EPCHS so now is your chance to shine...

A colorful poster for the Junior Bake Off competition. At the top, a string of yellow and white triangular bunting hangs across the width. Below it, the title 'JUNIOR BAKE OFF' is written in large, bold, red capital letters. Underneath the title, the text '...IS LOOKING FOR THE UK'S BEST YOUNG BAKERS AGED 9 - 15' is written in blue capital letters. The website 'WWW.APPLYFORJUNIORBAKEOFF.CO.UK' is displayed in green capital letters. Below the website, the text 'APPLICATIONS CLOSE SUNDAY 28TH MARCH 2021' is written in red capital letters. Further down, the word 'Enquiries:' is in blue, followed by the email address 'applyforjuniorbakeoff@loveproductions.co.uk' in blue. To the right of the email address, there are blue icons of a rolling pin and a whisk. The bottom half of the poster features a stylized illustration of a baking station. On the left is a yellow stand mixer with a white bowl and whisk. In the center is a wooden bowl filled with batter and a wooden spoon. To the right of the bowl is a pink container labeled 'BAKE' containing various baking tools like a whisk and spoons. Further right is a red kitchen scale with a white weighing pan. The background of the illustration shows a light blue sky with a white cloud, a yellow tent, and green trees. A string of yellow and white bunting is also visible in the background of the illustration.

#MakeltCount

Spring into Careers Event

All year 7, year 8 and year 9 students will be taking part in the Spring into Careers event on:

Tuesday 2 March 2021 (9 – 11am)

It is an amazing opportunity to hear from a range of employers in Cheshire and Warrington and to ask them questions about their job...

Outcomes:

1. To hear about a range of jobs
2. To find out about local businesses
3. To research further about careers and businesses you are interested in

Join the event: <https://learnliveuk.com/pledge-spring-into-careers/>

Using the chat: When you enter a question on the chat, you will be asked for a screen name. **Please put your school name and then your first name.**

You will be asked to complete tasks during the event and an assignment will be set in your year group team, as this is part of your careers curriculum.

This event will give you a sound insight into a range of careers and will help you think about the path you will take into your future.

THE PLEDGE
CHESHIRE AND WARRINGTON

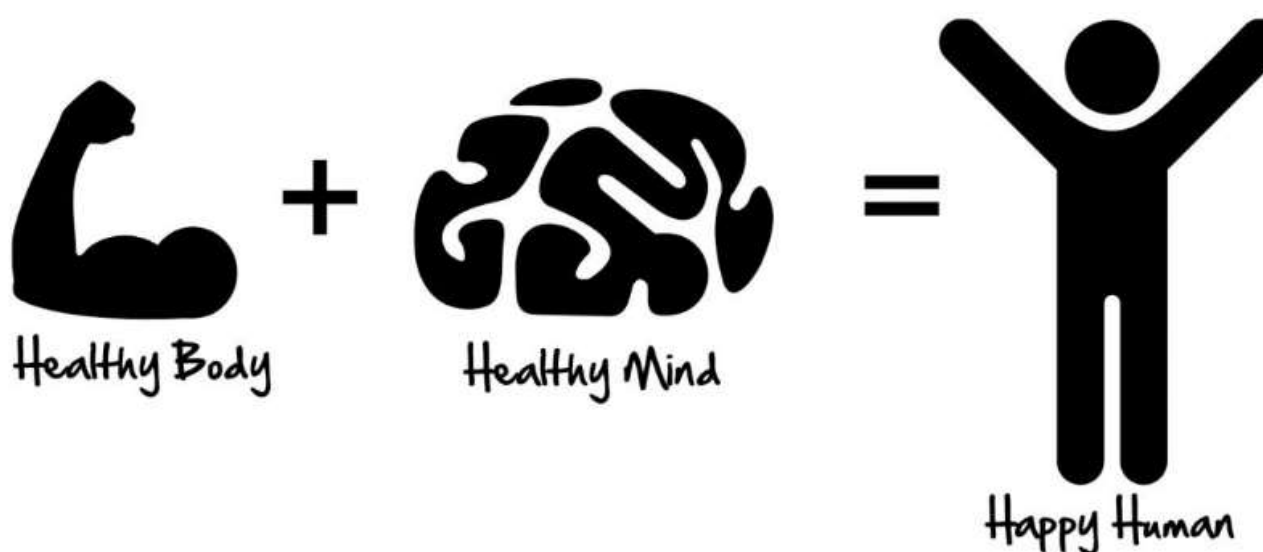


Thoughtful Thursday – March 4th

This Thursday see's our second Thoughtful Thursday at EPOCHS. In the morning you will have opportunity to 'Pause and Catch-up' with any work you have not yet completed or could improve. Your teachers will be online through teams if you wish to message them for help, support or advice with any tasks.

In the afternoon you will have opportunity to take part in a range of wellbeing activities designed to take you away from your screens. From the 10,000 steps challenge to baking and art work, try something different. Exercise your body, enrich your mind and if possible get outside.

Remember...



We hope you have a fantastic day, enjoy the activities and please do share your thoughts via the Year Team page. We would love to see what you got up to!

Thoughtful Thursday

March 4th, 2021



Mrs McHugh's Library News

Hello everyone! I hope you all had an enjoyable and relaxing half term holiday! With lots of reading!

In the last edition of *Mrs McHugh's Library News* you were invited to guess which book this quote came from:



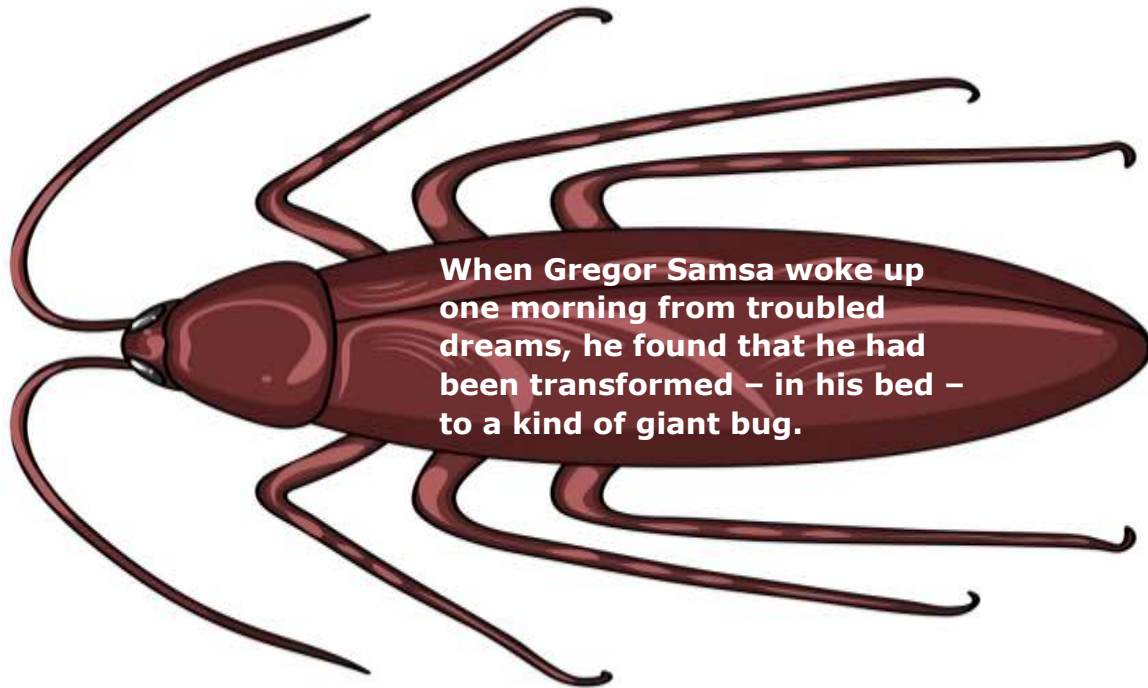
"I cannot make you understand.
I cannot make anyone
understand what is happening
inside me. I cannot even explain
it to myself."

Well done to those of you who guessed correctly, *Metamorphosis* by Franz Kafka!



Metamorphosis is the book I'm recommending *you* read on [myON](#) this week. Let's take a look at why I think *you* should read this funny, poignant and unsettling tale! **How about this for an opening sentence:**

I don't know about **you**, but I often decide if I'm going to *enjoy* reading a book if the **first** sentence grabs my attention! So because of **this** opening line in **Metamorphosis**, I *needed* to know...**who** Gregor was, **what** has he become, **where** is he and **why** has he morphed into this hideous creature?



Further reasons why I think you should read **Metamorphosis:**

Metamorphosis is a **Horror Classic**! And it's **weird**! And just like Marvel Comics' *X-Men*, **Metamorphosis** is a shape-shifting story that's both brutal and sensational!

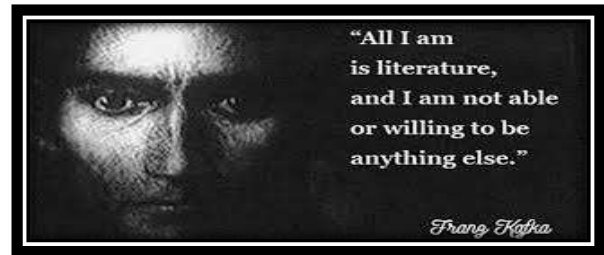
Metamorphosis will make **you** question how we sometimes struggle to find and express our own identity in a world of continuous, all-consuming responsibilities.

Metamorphosis is full of rich, interesting and profound vocabulary which **you** can learn and use in **your** own descriptive writing! It helped spawn the adjective "Kafkaesque" meaning "oppressive or nightmarish qualities".

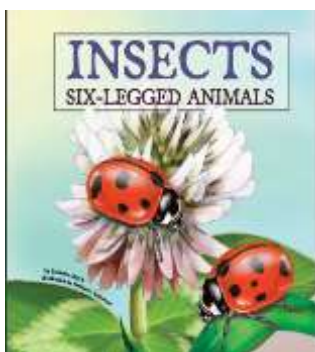
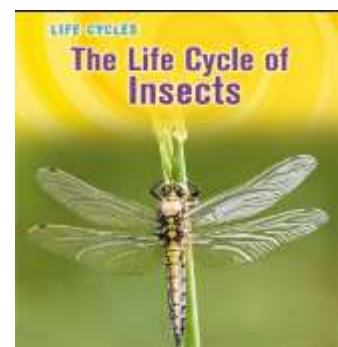
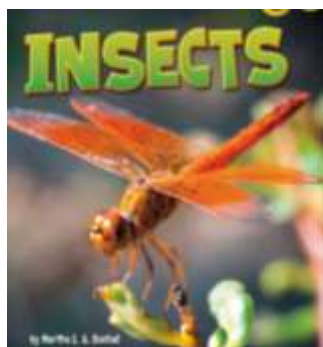
Metamorphosis is a novella A short story! It won't take **you** long to read it! It's **only 3 Chapters** long; that's **only** 80 pages in total!

And finally, I'd love you to read *Metamorphosis* as inspiration to write your own short horror story! This week's competition challenge to EPCHS students is to write a horror story (maximum 1000 words) about a hideous insect! Or to draw and annotate an insect (using lots of descriptive and imaginative vocabulary!)

Entries must be posted to me, Mrs McHugh by 19th March 2021. All entries will receive achievement points. The winning entries will have their work published in *Mrs McHugh's Library News*, receive a £10 gift voucher of their choice and....Chocolate! And remember:



You can get further inspiration to help you with your description of your insect by reading these books with myON



Good luck everyone and happy creepy reading!



TECH Support...

If you experience any technical difficulties, our IT support team are ready to help.

They can easily be contacted by email using the address helpdesk@epchs.co.uk



Year 8 STEM Club is on every Thursday...

Year 8 don't forget to check in to your STEM Team, Mr Hickman is on-line and setting some interesting challenges over the coming weeks. Let him know you are still interested by sending him a big hello!

STEM Science, Technology,
Engineering, Mathematics

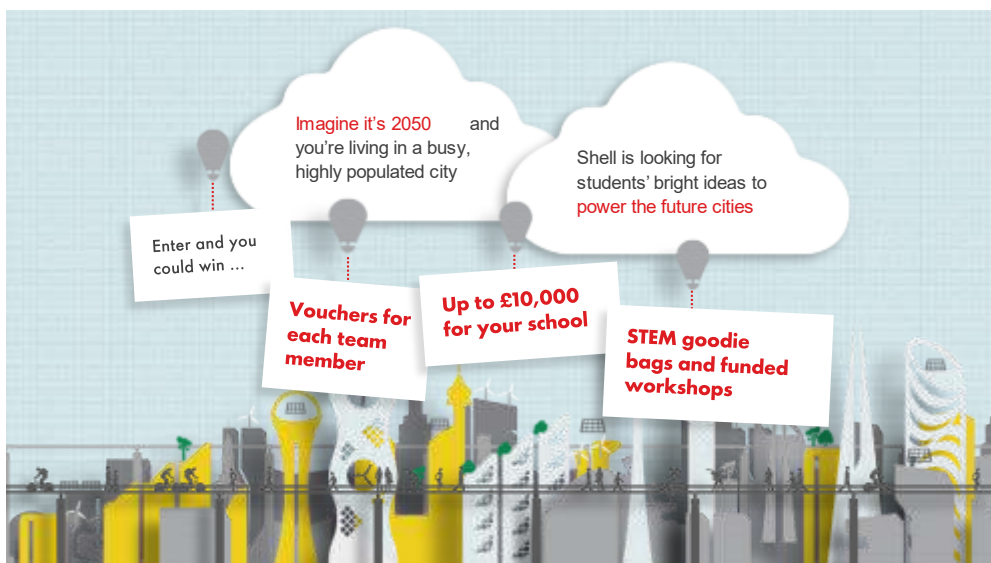
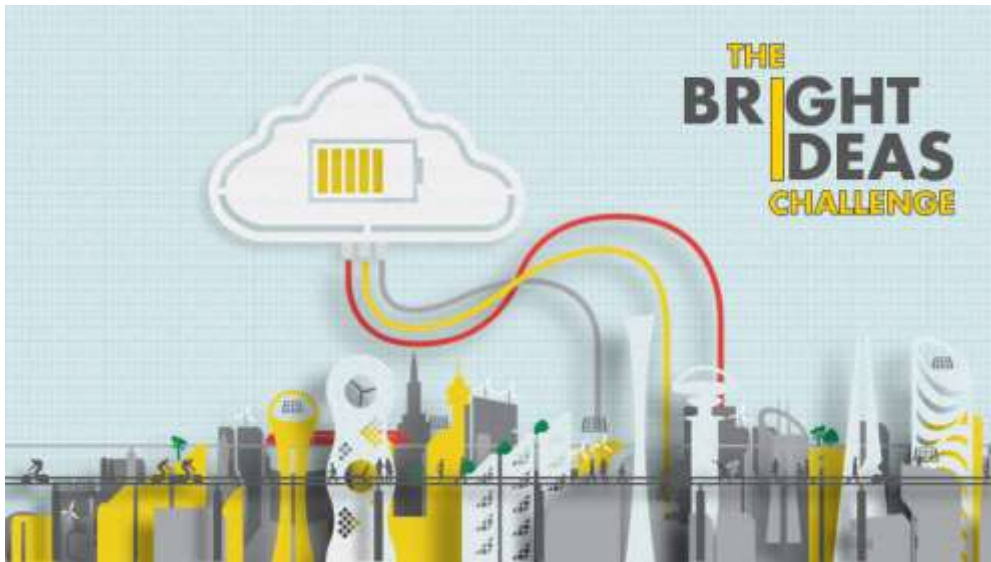
Year 8 Every Thursday
3pm till 4pm in C 2



Calling all year 8s, would you like a challenge and win a possible £10,000 for your school and vouchers for yourself as well as a goody bag. If so, then please get in contact with me on Teams. My name is Mr Hickman (THI) or become a member of the STEM after school club where we are trying to integrate this competition with life on Mars with 4wardfutures with Mark Waters Myself and other members of the STEM Club at present. Looking forward to hearing from you.

Many thanks

Mr Hickman



Please do everything you can to halt the spread of the
Coronavirus in our community...



Be the change you want to see in the World...

Year 11 into the 6th Form information...



FRIDAY TASTER DAY

Don't forget Friday, March 5th is the 6th Form Taster Day for all Yr11 students keen to experience A-level subjects at EPCHS. There is a number of opportunities and all information has been shared with you via the Yr11 Teams page. We look forward to seeing you, this is your opportunity, make it count!

For further information or to ask any questions please contact Mrs Henderson on l.henderson@epchs.co.uk or message via Teams.

Dear pupils,

Introducing SAM Learning

At school we are always looking for ways to extend our pupils' learning. Part of our improvement programme involves the use of SAM Learning, a unique online service that offers multiple subjects. Studies show that pupils achieve 2 GCSE grades on average better than expected with as little as 10 hours or more use of SAM Learning. Click on the link to watch a presentation about SAM Learning <https://bit.ly/3ay935l>

Access Details

As one of our pupils, you are able to access the service at anytime and anywhere, whether you are at school, but also at home, in the library and community centre – and it works on any device, from smartphone to home PC. All you need to do is visit the website and enter your unique login details:

Website address: www.samlearning.com

Centre ID:	CH65EP
User ID:	Date of birth followed by two initials: first name then last name. <i>010806DJ is the User ID for David Jones, born 1st August 2006.</i> <i>230209SK is the user ID for Sandeep Kaur, born 23rd February 2009.</i>
Password:	Initially same as your User ID, you are encouraged to change this to something difficult to guess.

It is advised that you keep a record of your access details in a diary, exercise book or somewhere safe.

Getting Started

When you first log in, you will be able to set up your own Avatar – which you can customise, as you complete challenges – as well as link with your friends to compete in challenges.

Your teachers will show you how to use the service and you might wish to show your parents how it works. The service enables your homework to be set and marked online, which means you can easily see how well you are getting on.

We hope that you are able to take full advantage of SAM Learning and wish you the best of luck in your studies.

Yours sincerely,

Mr M Cavanagh
Assistant Headteacher - Teaching and Learning

Learners – follow this to log in.
(Please change your password after first login.)

Go to: www.samlearning.com
(a link for this is on our school website)

Our Centre ID: CH65EP

Your Username: ddmmyii
(date of birth and initials e.g., David Jones would be 020115DJ)

Password: same as username
(please change this when you first log in)

You will see your homework on the
"My Set Tasks" tab

SAM Learning Learner Guide: Accessing Activities

Step 1: Sign in to SAM Learning



Go to: www.samlearning.com

Centre ID: **CH65EP**

Username: ddmmyii
(your date of birth and initials)

Password: ddmmyii
(the same as your username at first)

Step 2: Select 'My Set Tasks'

Step 3: Choose a task
you have been assigned



OR...

Step 2: Select the 'Activities'
tab



Step 3: Filter by Key
Stage, Subject, Exam
Board and Topic

Step 4: Choose an
activity to complete



Information for 6th Form

NATIONAL CAREERS WEEK: 1st to 6th MARCH

Next week is 'National Careers Week' where the organisers will be hosting a virtual careers fair. For more information go to <https://ncw2021.co.uk/>

UNIFROG UK UNIVERSITY WEBINAR SERIES



The graphic features a person from behind, wearing a dark cap and a red backpack with patches, looking out over a cityscape. The Unifrog logo is in the top right corner. The main text reads 'UK University webinar series'. Below this, it says 'Hear from leading institutions across the UK to find the right university for you' and 'With 13 sessions from 1 to 11 March'. A green button at the bottom left says 'Sign up for free at unifrog.org/webinars'.

Unifrog are hosting a series of free webinars from 1st - 11th March with 40+ UK Universities to help students to decide where to apply. Each webinar will focus on a different region in the UK. Students can sign up on the Webinars tile of their Unifrog homepage or by following this link www.unifrog.org/webinars

STEM SUMMER WORK EXPERIENCE AT DARESBUURY LABORATORY

A reminder that the **Science and Technology Facilities Council at Daresbury Laboratory** are encouraging applications for their online **STEM** work experience programme. This is for students in **Years 10-12**. It will be for a duration of **one week in either July or August**. The programme meets relevant Gatsby benchmarks. Applications are now live. The **closing date for applications is 15th March**

You can find out more about the programme and apply via this link:

<https://stfc.ukri.org/about-us/work-with-us/work-experience/workexperienced/>

UK UNIVERSITY AND APPRENTICESHIP SEARCH: VIRTUAL FAIR



The banner is set against a virtual cityscape background. It features a large purple and white arrow graphic pointing right. Inside the arrow, the text reads 'Welcome to the UK university & apprenticeship search virtual fairs'. Below this, it says 'Wednesday 17 March 2021' and '12:00 - 18:00'. To the right of the arrow, there is a small 'ACM' logo and a person in a suit.

The UK University & Apprenticeship Search Virtual Fair is taking place on **17th March 2021, 12pm-6pm**. This is a fantastic opportunity for students from Years 11, 12 and 13 to explore **over 100 universities, colleges and apprenticeship providers** from across the UK. It is an opportunity to engage with Admissions Officers and Student Ambassadors from Universities to have your questions answered. There will also be virtual campus tours and 10 live webinars taking place on a range of subjects from apprenticeships to writing a personal statement. For more information or to register go to www.ukunisearch.vfairs.com

UK UNIVERSITY AND APPRENTICESHIP SEARCH: WEBINAR WEDNESDAYS

These will be starting in **March** to support **Year 12s** as they begin to think about their next steps and how they can strengthen their university, college or apprenticeship applications. Each webinar will be led by experts from universities or apprenticeship providers and will feature a Q&A session.

Date	Title	Link to register (if the link doesn't work from here cut and paste it into your browser)
3 rd March	Choosing your next steps: advice on how to start your research on universities and apprenticeships	https://zoom.us/webinar/register/WN_aVT7xbbDS6y4-cdqRrJYnQ
10 th March	Applying to university: advice and top tips for writing and structuring your personal statement	https://zoom.us/webinar/register/WN_JIZEbqqIRkyEOajULsXUaA
24 th March	Applying to creative courses: insight in how to put together a portfolio for art and design courses	https://zoom.us/webinar/register/WN_nsnL9kbXTSyevvm4tpp9bA

Mental Health Matters

Need urgent mental health support?

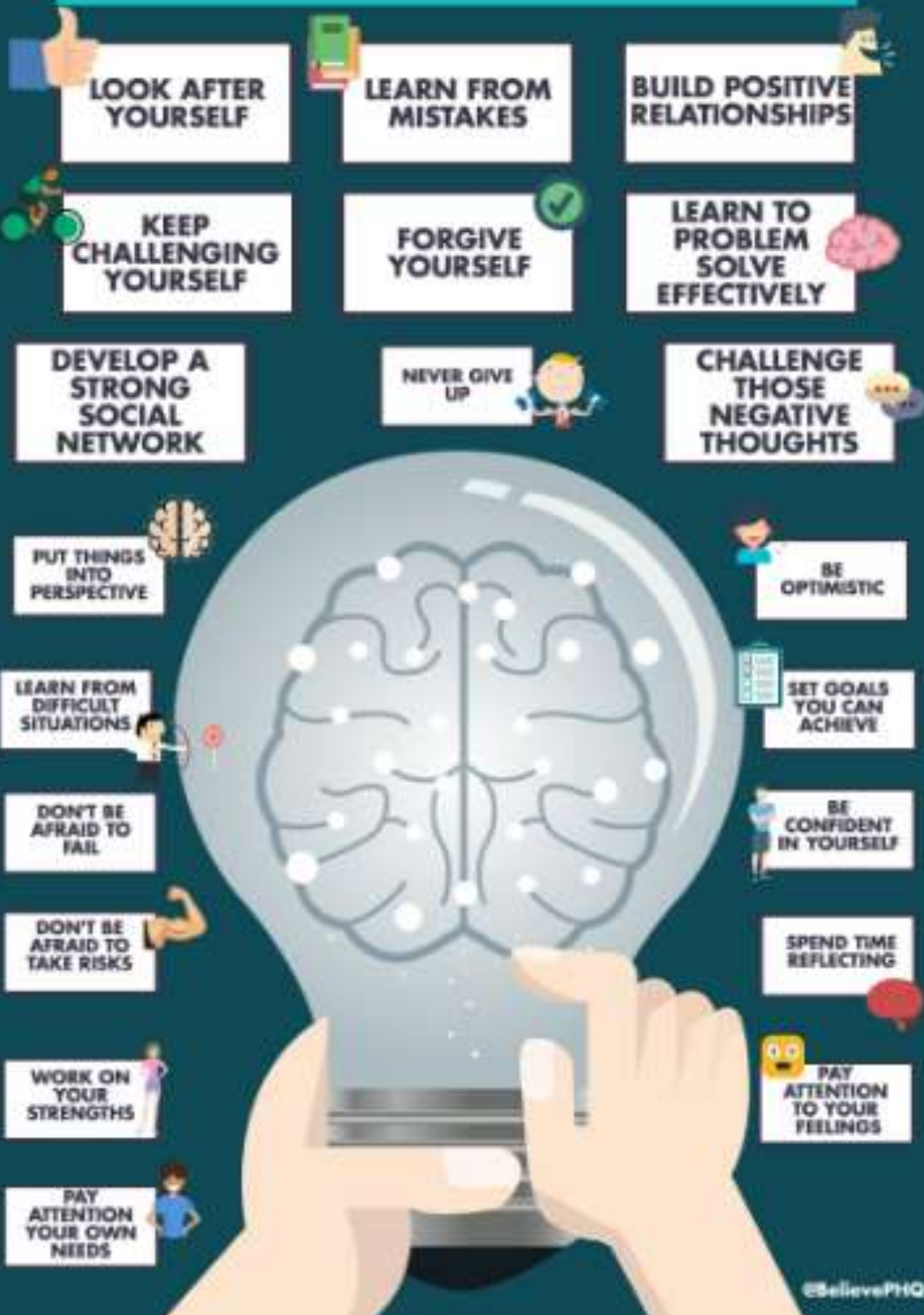
Anyone can experience a low mood, increased anxiety or poor mental health.

A free 24/7 all age urgent mental health helpline is available to residents across the borough, provided by Cheshire and Wirral Partnership NHS Foundation.

Call 0800 145 6485 for urgent mental health support



20 TIPS TO BUILD YOUR RESILIENCE



#MakeItCount

#NeverGiveUp

Thought for the week...

**"IF YOU CAN'T FLY
THEN RUN, IF YOU
CAN'T RUN THEN WALK,
IF YOU CAN'T WALK
THEN CRAWL, BUT
WHATEVER YOU DO YOU
HAVE TO KEEP MOVING
FORWARD."**

- MARTIN LUTHER KING JR



#TheEPCSWWay

#MakeitCount