



# EPCHS Student 'PD' Bulletin #10

"I Have Come So That They May Have Life And Have It To The Full" John 10:10

PD Bulletin Number 10 sees one of the busiest weeks for all year groups. With so much on make sure you read through the whole bulletin...you don't want to miss a thing!

**Time to reflect...**

READ	DO
"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."	Write down the things that feel heavy on your heart right now, give them over to Jesus and place them at the foot of a cross in your home (you might want to make/draw your own cross to do this).
Today's Gospel: Matthew 11:25-30	S   Y M   T

Dear Lord,  
Fill our lives with joy.  
Fill our lives with love.  
Fill our lives with peace.  
We give thanks to you for the gift of life.  
Give us courage to live it to the full.  
Amen.

Do you follow the school social media platforms? If not, follow today and keep up to date with everything school related and more...



[www.facebook.com/EllesmerePortCatholicHighSchool](https://www.facebook.com/EllesmerePortCatholicHighSchool)



@EPCH\_School

All systems go...

## Year 7 and Year 8 – Life on Mars

We are heading to Mars...the time is now...our journey BEGINS!!! Our two personal development projects have now started with Year 7 following VaLoM and Year 8, CaLoM.

Keep a look out for the LIVE Zoom Sessions on Teams with our special guests. Don't forget at the end of these two fantastic projects, there is a competition so get involved and make it count.

Date	EPCHS YEAR 8 - CALOM Daily @ 1.00pm - 3.00pm	EPCHS YEAR 7 - VALOM Monday / Wednesday / Friday @ 9.30am - 10.30am
Monday 06.07	INTRODUCTION TO CALOM Students will meet the Team from 4WardFutures	Jane Weir Poet <a href="https://www.manchesterwritingschool.co.uk/published-students/jane-weir">https://www.manchesterwritingschool.co.uk/published-students/jane-weir</a>
Tuesday 07.07	Ray Stott Space & Robotics Engineer <a href="http://www.spacespecialist.com">www.spacespecialist.com</a>	
Wednesday 08.07	Ann Swift <a href="http://www.fairspace.org">www.fairspace.org</a>	Dan Lusby Film Maker <a href="https://www.danlusby.com/">https://www.danlusby.com/</a>
Thursday 09.07	Arno De Toom - Specialist in producing food in space	
Friday 10.07	Alina Vizireanu - Satellite Earth Observation Data Specialist <a href="https://spacegeneration.org/">https://spacegeneration.org/</a> Chris Ferrier - Operation Control Manager <a href="http://www.iceye.com">www.iceye.com</a>	Ann Swift - Innovation & Partnership Manager Importance of Creativity in the Space Sector <a href="http://www.fairspace.org">www.fairspace.org</a>
Monday 13.07	University Opportunities Sam Juson and Tanya Shaban Current Graduate Engineers with Chester HH	On Line Tutorial and final support to complete challenges.
Tuesday 14.07	Thomas Ormston. Space Craft Control Engineer European Space Agency <a href="https://sentinel.esa.int/web/sentinel/home">https://sentinel.esa.int/web/sentinel/home</a>	
Wednesday 15.07	<b>Catch up and submission of Project Entries</b>	<b>Catch up and submission of Project Entries</b>
Thursday 16.07	<b>Judging of Entries</b>	<b>Judging of Entries</b>
Friday 17.07	<b>Student Awards</b>	<b>Student Awards</b>

During the Two Weeks of July 6<sup>th</sup> to July 17<sup>th</sup> the Students timetables will be reduced to enable them to work on the Life on Mars Projects

Year7: 9-11am Monday – Wednesday – Friday students will take part in VALOM. At all other times they will take part in normal lessons.

Year 8: 1-3pm Monday – Friday students will take part in CALOM. At all other times they will take part in normal lessons.

**Zoom!!! Don't forget to check out the information in your Year group 'Teams' pages on how to join...**



# Wellbeing Challenge 2020

On Friday the wellbeing challenge started for all years and staff. Over the weekend a number of year groups have been very busy with Year 8 taking an early lead closely followed by the staff.

Don't forget to register your miles with your form teacher and help your class and year group be crowned Wellbeing Champions!



Share your journey on Facebook or twitter using **#WellbeingChallengeEPCHS**

Year 7, 10 and 12 are playing a waiting game to see how far others have gone and are yet to register their miles.

Third place is Year 9 are on 24 miles, taking them from school to Knutsford. The staff team is second with 53 miles, taking them from school through Manchester and into Bury

Way out in front is Year 8, with 83 miles taking them from school all the way to Leeds

**Total miles covered so far as a school is 160**

**GET OUT. Get active.**

**Run - Walk - Ride**  
Send those miles to your form tutor

## Love Letters To The Town

The Action Transport Theatre company are holding a very special project at the moment for young writers.

For further information check out:

<http://www.actiontransporttheatre.org/LoveLetters>

Help make a difference, and give the people of Ellesmere Port and the World something to be hopeful about.



**"Great things happen when you care"**

Psalm 21: He asked for life and you gave it to him



**LOVE LETTERS TO THE TOWN**

We'd LOVE to send YOU or someone you know a letter!

Love Letters to the Town is a special project, by and with a group of local young writers who have something hopeful to share with the people of Ellesmere Port and the world...

Find out more & sign-up to receive a letter:  
[www.actiontransporttheatre.org/LoveLetters](http://www.actiontransporttheatre.org/LoveLetters)

Cheshire West and Chester | Westminster Foundation | Arts Council ENGLAND

# **Year 9 Virtual Sports Week**

## **Monday 6<sup>th</sup> July to Friday 10<sup>th</sup> July**



**A message from Mr Cavanagh...**

There is no sports day this year but we have a fun, exciting and challenging week planned for Year 9 students. The Virtual Sports Week is a series of events and challenges that students can get involved in throughout the entire week. All challenges are designed to be completed at home and can be adapted in order to perform.

Students will be competing in their forms against other forms in Year 9 in the Inter-Form Virtual Olympic Games.

**The timetable is as follows:**

**Monday 6<sup>th</sup> July Practise Day – Students will get a chance to inform themselves about the challenges that await, organise what they need, and practise prior to the main competition.**

**Tuesday 7<sup>th</sup> July – Virtual Olympic Games Physical Challenge Day**

**Wednesday 8<sup>th</sup> July – Virtual Olympic Games Skill Challenge Day**

**Thursday 9<sup>th</sup> July – Virtual Olympic Games Mental Challenge Day**

**Friday 10<sup>th</sup> July – Live Challenge Morning and the Big Sports Quiz**

All students can take part in the challenges throughout the week. They submit their scores via a google form link and they can gain extra points for their form groups by submitting photograph, video or written evidence to the Virtual Sports Week Form Class on Teams.

Each form group has their own class for the Virtual Sports Week on Teams. Please visit for full information about the week, timetable, instructions, links to the google forms, a folder to upload evidence to, daily event sheets, sign-up sheet for the live challenges and daily updates from the PE Department.

We hope that everyone gets involved and has a fun, exciting, challenging and rewarding week.





## KS3 Drama

For Year 7 and Year 8: We set you projects many weeks ago and we hope that you have had a chance to give them a go. We have received so many amazing pictures of the work completed, we are beyond impressed with your creativity! If you still haven't sent us photos please do, as it really is a joy to see your work. We will be celebrating the work of some of you when we return to school. Keep up the effort we are nearly there. Also there are some quizzes on SMHW to keep your brain buzzing!

## KS4 Drama & Performing Arts

Please can all students who take GCSE/VCert Drama or PA in years 9 and 10 please make sure that you are up to date with assignments. They are so important for your progress when we return. If there are any problems please contact us and we will support you. It has been amazing seeing most of you in our Zoom sessions and we can't wait to get back and do all the amazing practical's that we do! Stay safe and get the work done!

**Mrs Kennedy and Mrs Cavanagh**

## Yr12 Virtual Work Experience

On Wednesday 6<sup>th</sup> - 9<sup>th</sup> July all Year 12 students will have the fantastic opportunity to take part in a Virtual Work Experience event. Designed to enhance your employability skills, it will give you the opportunity to speak to different employers and to work as a team to complete a business task. You have a busy schedule planned as outlined below and I am really looking forward to it. See you Wednesday! **Mrs Henderson**

### **Schedule**

#### **Monday 6<sup>th</sup> July**

**9.45am – Mrs Henderson and employer/Pledge Team launch of task via Zoom link**

**ALL STUDENTS WORK TOGETHER ON THEIR TEAM PROJECT**

**2pm – Mrs Henderson / Teachers 'Update Meeting' to ensure students on track and answer any questions via Zoom**

#### **Tuesday 7<sup>th</sup> July**

**11am – Mrs Henderson / Teachers 'Update Meeting' to ensure students on track and answer any questions via Zoom**

**ALL STUDENTS WORK TOGETHER ON THEIR TEAM PROJECT**

**3pm – Deadline for project submission to Mrs Henderson via the Team link or email.**

**5pm – Mrs Henderson submit projects to employer**

#### **Wednesday 8<sup>th</sup> July**

**9.45am – 10:30am - Launch day through Learn Live, first session Local Labour market information**

**10:45am – 11:15am – Current recruitment methods, CV techniques etc**

**11:30am – 12:00pm – Transferrable Skills and Boosting your CV**

**1:00pm – 2pm – Four Industry Sector Slots of 15 minutes each (Business – Self Employed, STEM, Life Sciences, Professional Services)**

**2:15pm – 3:15pm – Employer feedback on project through Zoom and wrap up by Mrs Henderson**

# Your mindset is everything...

