# Summer 2019 Week 1£2:40 with a drink

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|
| Chicken Fajitas<br>Served with ribbon salad<br>and rice.   | Smoked Ham Tart<br>Served with pasta salad<br>& dressed mixed leaves | Pot Roasted Honey<br>Glazed Gammon with<br>Crispy Roast Potatoes<br>and Gravy   | Thai Green Chicken<br>Curry<br>with Basmati Rice, riata<br>and mango chutney &<br>naan            | Crispy Battered<br>Fillet of Fish<br>with Home-Made Tartar<br>Sauce and Chunky<br>Chips |
| " Double Cheese<br>Macaroni"<br>with Leeks                 | Quorn & Vegetable<br>Paella<br>with aioli & bread                    | Spinach, chickpea and feta parcels.   | Goan Vegetable Curry<br>with lime, served with<br>basmati rice and riata,<br>mango chutney & naan | Cheddar Cheese<br>and Leek Cake<br>with Chips   |
| Fresh Broccoli<br>Fresh Carrots<br>Fresh Salad             | Sweetcorn<br>Courgettes<br>Fresh Salad                               | Seasonal Cabbage<br>Fresh Carrots<br>Fresh Salad  | Sweet Chilli, Cucumber<br>and Tomato Salad<br>Raitta Dressing                                     | Garden or Mushy Peas<br>Coleslaw & Salad  |
| Chocolate & Vanilla<br>Marble Cake served with<br>custard. | Key Lime Pie   | Caramelised apricot<br>Custard Tart   | Wild Berry Fool with Shortbread   | Seasonal Fresh Fruit<br>Salad   |
| EAT<br>LEARN<br>LIVE                                       | This menu is compliant with th<br>a health<br>can cater              | ruit and salad is offered daily<br>ne school food standards. We enco<br>y balanced diet. The catering team<br>for many special dietary requireme<br>e Catering Manager if your aver | ourage pupils to enjoy<br>n   |   |
|  |  |   |   | VERITAS ET SAPIENTIA  |

# Summer 2019 Week 2 £2.40 with a drink

| MONDAY  | TUESDAY  | wednesday  | THURSDAY   | FRIDAY  |
|---|--|--|--|---|
| Toad in the Hole<br>with Onion Gravy<br>Served with creamy<br>mash potatoes | Chicken and Leek Pie<br>with crushed garlicy<br>Potatoes | Roast Turkey Breast<br>with Sweet Paprika,<br>Crispy Roast Potatoes<br>and Gravy   | Tex-Mex Beef and Bean<br>Enchiladas<br>with Mexican Rice | Battered<br>Fillet of Fish<br>with Chunky Chips<br>With homemade tartare<br>sauce |
| Broccoli, basil and<br>lemon pasta served with<br>garlic bread.             | BBQ Vegetable & Mixed<br>Bean Wrap                       | Sweet and Sour<br>Vegetables<br>Served with rice.  | Roasted Vegetable<br>Calzone                             | Spicy Bean Burger<br>With salad   |
| Fresh Carrots<br>Fresh Cauliflower<br>Fresh Salad                           | Garden Peas<br>Fresh Broccoli<br>Fresh Salad             | Fresh Spring Cabbage<br>Fresh Carrots<br>Fresh Salad   | Sweetcorn<br>Roasted Vegetables<br>Fresh Salad           | Garden or Mushy Peas<br>Mixed Salad<br>Fresh Salad                                |
| Apple & Sultana Fusilli<br>Tart and cream                                   | Zesty Carrot Cake &<br>Custard                           | Summer Pudding and crème fraiche   | Eton Mess  | Seasonal Fresh Fruit<br>Salad   |
| EAT   | This menu is compliant with th<br>a health<br>can cater  | uit and salad is offered daily<br>ne school food standards. We enco<br>y balanced diet. The catering team<br>for many special dietary requireme<br>e Catering Manager if you have on | urage pupils to enjoy                                    |   |
| LEARN   |  |  |  | VERITAS ET SAPIENTIA  |

# Summer 2019 Week 3 £2.40 with a drink

| MONDAY   | TUESDAY   | wednesday   | THURSDAY  | FRIDAY   |
|--|---|---|---|--|
| Mediterranean Kebab<br>With tabbouleh                                    | Salmon Fish Cakes<br>Served with homemade<br>dill, cucumber and<br>yoghurt relish | Slow roasted shoulder of<br>pork with lemon, garlic<br>and thyme roasted<br>potatoes.   | Beef Bolognaise<br>Served with spaghetti<br>Garlic Bread    | Crispy Fiery Battered<br>Fillet of Fish<br>with Chunky Chips |
| Falafel with warm flat<br>Bread<br>Salad & Yoghurt and<br>mint dressing. | Vegetable Korma<br>Served with basmati<br>rice, raita, mango<br>chutney.          | Roasted vegetable<br>roulade  | Happy Cow Burgers<br>Served with fresh salad<br>and relish. | Spring Frittata<br>Served with green salad<br>and coleslaw.  |
| Fresh Carrots<br>Sweetcorn<br>Fresh salad                                | Garden Peas<br>Fresh Salad  | Fresh Swede<br>Seasonal Cabbage<br>Fresh Salad  | Broccoli Florets<br>Fresh Carrots<br>Fresh Salad            | Garden or Mushy Peas<br>Coleslaw                             |
| Orange Polenta Cake<br>with Custard                                      | Fruit Trifle.   | Creamy Rice pudding with jam.   | Chocolate Brownie with<br>berries and crème<br>fraiche      | Seasonal fresh fruit salad.                                  |
| EAT<br>LEARN<br>LIVE   | This menu is compliant with th<br>a health<br>can cater                           | ruit and salad is offered daily<br>the school food standards. We enco<br>by balanced diet. The catering team<br>for many special dietary requireme<br>e Catering Manager if your ave or s | ourage pupils to enjoy<br>n                                 | VERITAS ET SAPIENTIA   |

### Spring Summer 2019 Week 3

#### MONDAY

Pizza Selection Pasta and Toppings Love Joes Chicken Wrap From £1.82

Jacket Potato Topped with Hot and Cold fillings From £1.10

Selection of Traditional & Continental Breads with Various Fillings. Seasonal Salad Boxes From £1.00 Fresh Fruit Selection Yoghurt Pots & Cold Drinks From 0.67p

A selection of tasty, fresh, home-baked cakes and treats From 0.62p

#### TUESDAY

Pizza Selection Pasta and Toppings Love Joes Chicken Wrap From £1.82

Jacket Potato Topped with Hot and Cold fillings From £1.10

Selection of Traditional & Continental Breads with Various Fillings. Seasonal Salad Boxes From £1.00 Fresh Fruit Selection Yoghurt Pots & Cold Drinks From 0.67p

A selection of tasty, fresh, home-baked cakes and treats From 0.62p

#### WEDNESDAY

Pizza Selection Pasta and Toppings Love Joes Chicken Wrap From £1.82

Jacket Potato Topped with Hot and Cold fillings From £1.10

Selection of Traditional & Continental Breads with Various Fillings. Seasonal Salad Boxes From £1.00 Fresh Fruit Selection Yoghurt Pots & Cold Drinks From 0.67p

A selection of tasty, fresh, home-baked cakes and treats From 0.62p

### THURSDAY

Pizza Selection Pasta and Toppings Love Joes Chicken Wrap From £1.82

Jacket Potato Topped with Hot and Cold fillings From £1.10

Selection of Traditional & Continental Breads with Various Fillings. Seasonal Salad Boxes From £1.00 Fresh Fruit Selection Yoghurt Pots & Cold Drinks From 0.67p

A selection of tasty, fresh, home-baked cakes and treats From 0.62p

### FRIDAY

Pizza Selection Pasta and Toppings Love Joes Chicken Wrap From £1.82

Jacket Potato Topped with Hot and Cold fillings From £1.10

Selection of Traditional & Continental Breads with Various Fillings. Seasonal Salad Boxes From £1.00 Fresh Fruit Selection Yoghurt Pots & Cold Drinks From 0.67p

A selection of tasty, fresh, home-baked cakes and treats



EAT