

# WEEK 1

# Winter 2019

## MONDAY

**Pork Sausage**  
Served with onion  
gravy

**Quorn Sausage**

**Mash Potato**

**Broccoli florets**  
**Carrot rondels**  
**Fresh Salad**

**Twice baked Apple &  
Cinnamon crumble  
with custard**  
**£2.40**

## TUESDAY

**Chicken tikka masala**  
A classic chicken curry with  
tomatoes, served with rice

**Leek and cheddar  
cheese patties.**

**New potatoes**

**Garden peas**  
**Cauliflower**  
**Fresh salad**

**Orange Polenta Cake  
with  
vanilla custard**  
**£2.40**

## WEDNESDAY

**Twice Cooked Pork  
Belly with apple  
Sauce and Stuffing**

**Shepherdess Cottage  
pie**

**Crispy roast potatoes**

**Carrot batons**  
**Fresh cabbage**  
**Fresh Salad**

**Madeira Cake with  
Custard**  
**£2.40**

## THURSDAY

**Mexican Beef Chilli  
with tortilla chips**

**Vegetarian  
Chimichangas**

**Rice**

**Sweetcorn**  
**Coleslaw**  
**Fresh salad**

**Apple and blackberry  
pie with  
vanilla custard**  
**£2.40**

## FRIDAY

**Crisp battered  
fillet of fish**

**Polenta Cake with  
ratatouille &  
mozzarella**

**Chunky chips**

**Mushy Peas or Baked  
Beans**  
**Fresh salad**

**Seasonal fresh fruit  
Salad**  
**£2.40**

We encourage pupils to enjoy  
a healthy balanced diet and can cater for many special dietary requirements.  
Please speak to the Catering Manager if you have any questions.

**EAT**  
**LEARN**  
**LIVE**



## MONDAY

Pizza Selection  
Pasta and Toppings  
Love Joes Chicken Wraps  
From £1.75

Jacket Potato Topped with  
Hot and Cold fillings  
From £1.10

Selection of Traditional &  
Continental Breads  
with Various Fillings.  
Seasonal Salad Boxes  
From £1.00

Fresh Fruit Selection  
Yoghurt Pots  
& Cold Drinks  
From 0.60p

A selection of tasty, fresh,  
home-baked cakes and  
treats  
From 0.60p

## TUESDAY

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From £1.75

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Hot and Cold fillings  
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## WEDNESDAY

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From £1.75

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Hot and Cold fillings  
From £1.10

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Continental Breads  
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Seasonal Salad Boxes  
From £1.00

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## MONDAY

### Sausage & Apple Plait

a giant sausage roll.

Sweet Potato &  
butternut squash stew.

Mash potatoes.

Garden peas  
Carrot batons  
Fresh Salad

Toffee Apple Strudel  
With custard.

£2.40

## TUESDAY

### Chicken Korma

The mild one

Vegetable Curry

Pilaf Rice.

Fresh broccoli  
Sweet corn  
Fresh Salad

Chocolate brownie

£2.40

## WEDNESDAY

### Pot Roasted Honey Glazed Gammon

Cheddar cheese, Leek  
and tomato tart.

Crispy roast potatoes

Fresh cabbage  
Carrots  
Fresh salad

Sticky Toffee Pudding  
with vanilla custard

£2.40

## THURSDAY

### Beef and Mushroom Pie

Baked Butternut  
Squash with goats  
cheese.

Crushed new potatoes.

Green Beans  
Baked courgettes  
Fresh Salad

Bread and butter  
pudding with crème  
fraiche

£2.40

## FRIDAY

### Crispy battered fillet of fish with

Spicy Bean Burger

Chunky chips

Garden or mushy peas  
or roasted vegetables

Fresh Fruit Salad,  
cookie or cake.

£2.40

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# WEEK 3

# Winter 2019

## MONDAY

**Chicken Forestiere**  
bacon, mushrooms &  
potatoes,

**Tuscan Bean and**  
roasted butternut  
squash risotto.

**Broccoli florets**  
**Carrot batons**  
**Fresh salad**

**Apple and blackberry**  
twice-baked crumble  
with custard  
**£2.40**

## TUESDAY

**Salmon Tortellini and**  
**Dill Bake**

**Vegetarian Meatballs in**  
tomato sauce.

**Homemade Bread**

**Garden peas**  
**Cauliflower**  
**Fresh Salad**

**Lemon Drizzle Cake**  
With cream and  
berries.  
**£2.40**

## WEDNESDAY

**Breast of turkey pot-**  
roasted in sweet  
paprika served with  
cranberry sauce and  
gravy

**Lentil roast**

**Crispy roast potatoes**

**Fresh cabbage**  
**Parsnips**  
**Fresh salad**

**Chocolate Olive Oil**  
**Cake**  
**£2.40**

## THURSDAY

**Beef Lasagna**  
With garlic bread.

**Penne Pasta**  
**Vegetable Bake**

**Garlic Bread**

**Carrot rondelles**  
**Sweetcorn**  
**Fresh salad**

**Jam sponge**  
with vanilla custard  
**£2.40**

## FRIDAY

**Crispy battered**  
fillet of fish with  
Home-made tartar  
sauce

**Vegetable Frittata**

**Chunky chips**

**Garden or mushy peas**  
**Courgettes**

**Fresh Fruit Salad,**  
cookie or cake.  
**£2.40**

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